

## Auburn Youth Flag Football

**Boys age groups: 6, 7&8, 9&10, 11&12**

**Girls age groups: 6-8, 9&10, 11&12, 13&14**

**(leagues may adjust based on participation)**

### **Coordinators:**

Mike Goggans - 501-2945, [mgoggans@auburnal.gov](mailto:mgoggans@auburnal.gov) Ages 7-12 Boys

Mark Hudmon - 501-2976, [mhudmon@auburnal.gov](mailto:mhudmon@auburnal.gov) Age 6 Boys | Ages 6-14 Girls

**Fee:** \$95

**\*\*All Players Need to Attend Skills Testing\*\* Dates will be provided at registration**

### **Tackle Football ages 8 & 9 and 10-12**

SEC - 8&9

NFL- 10-12

**Coordinator:** Mike Goggans - 501-2945

[mgoggans@auburnalabama.org](mailto:mgoggans@auburnalabama.org)

**Fee:** Online • \$95

| AGE(s)                                | *GAME DAY |
|---------------------------------------|-----------|
| 12U BOYS   TACKLE FOOTBALL            | MONDAY    |
| GIRLS FLAG   AGE 6 BOYS               | TUESDAY   |
| 8U BOYS & 10U BOYS                    | THURSDAY  |
| *GAME DAYS SUBJECT TO CHANGE          |           |
| PRE-SEASON PRACTICE IS TWICE PER WEEK |           |
| IN-SEASON PRACTICE IS ONCE PER WEEK   |           |

### **IMPORTANT**

All registered players have to attend skills testing to participate in tackle football. If a player fails to attend skills testing, completes a physical and completes the weigh-in process prior to the team selection meeting, then that player will not be placed on a team.

### **WEIGHT RESTRICTIONS (TACKLE)- CARRYING THE BALL**

106 lbs & above Restricted SEC (8&9 year olds)

131 lbs & above Restricted NFL (10&11 year olds)

111 lbs & above Restricted NFL (12 year olds)

**HELMET FITTING** - [Proper Helmet Fitting Video](#) - **Click Link**

**\*\*\*PHYSICALS\*\*\* Required for TACKLE FOOTBALL ONLY**

[PHYSICAL FORM](#) - **Click Link**