

Auburn Youth Flag Football

PLAYING RULES

Offered for Boys and Girls

Boys age groups: 6, 7&8, 9&10, 11&12

Girls age groups: 6-8, 9&10, 11&12, 13&14

(leagues may adjust based on participation)

Coordinators:

Mike Goggans - 501-2945, mgoggans@auburnal.gov Ages 7-12 Boys

Mark Hudmon - 501-2976, mhudmon@auburnal.gov Age 6 Boys | Ages 6-14 Girls

Fee: \$70

**** All Players Need to Attend Skills Testing** Dates will be provided at registration**

Tackle Football ages 8 & 9 and 10-12

SEC - 8&9

NFL- 10-12

Coordinator: Mike Goggans - 501-2945

mgoggans@auburnalabama.org

Fee: Online • \$70

IMPORTANT

All registered players have to attend skills testing to participate in tackle football. If a player fails to attend skills testing, completes a physical and completes the weigh-in process prior to the team selection meeting, then that player will not be placed on a team.

WEIGHT RESTRICTIONS (TACKLE)- CARRYING THE BALL

106 lbs & above Restricted SEC (8&9 year olds)

131 lbs & above Restricted NFL (10&11 year olds)

111 lbs & above Restricted NFL (12 year olds)

7th graders are not eligible to participate.

HELMET FITTING - [Proper Helmet Fitting Video](#) - Click Link

*****PHYSICALS*** Required for TACKLE FOOTBALL ONLY**

[PHYSICAL FORM](#) - **Click Link**