

Auburn Youth Flag Football

[PLAYING RULES](#)

Offered for Boys and Girls

Boys age groups: 6, 7&8, 9&10, 11&12

Girls age groups: 6-8, 9&10, 11&12

(leagues may adjust based on participation)



Coordinators: Mike Goggans - ☐ [501-2945](tel:501-2945),

☐ mgoggans@auburnal.gov Ages 7-12 Boys

Mark Hudmon - ☐ [501-2976](tel:501-2976),

☐ mhudmon@auburnal.gov Age 6 Boys | Ages 6-12 Girls

Fee: Online ☐ \$70

**** All Players Need to Attend Skills Testing****
Dates will be provided at registration

Auburn Youth Tackle Football



Join this full contact tackle sport. Players must provide their own equipment, which must meet NOCSAE standards. Volunteers will coach the teams and will be required to be certified through the National Youth Sports Coaches Association. Skills test dates will be given out at registration.

Tackle Football ages 8 & 9 and 10-12

SEC - 8&9

NFL- 10-12

Coordinator: Mike Goggans ☐ [501-2945](tel:501-2945) ☐ mgoggans@auburnalabama.org

Fee: Online • \$70

IMPORTANT

All registered players have to attend skills test to participate in tackle football. If a player fails to attend skills test, complete a physical and complete the weigh-in process prior to the team selection meeting, then that player will not be placed on a team.

WEIGHT RESTRICTIONS (TACKLE)- CARRYING THE BALL

106 lbs & above Restricted SEC (8&9 year olds)

131 lbs & above Restricted NFL (10-11 year olds)

111 lbs & above Restricted NFL (12 year olds)

HELMET FITTING

[Proper Helmet Fitting Video](#) - Click Link

*****PHYSICALS*** Required for TACKLE FOOTBALL ONLY**

[PHYSICAL FORM](#) - Click Link

