2023 FALL QUARTER BROCHURE



FALL QUARTER REGISTRATION BEGINS AUGUST 7

auburnalabama.org/parks/registe

ABBREVIATION GUIDE

OF THE WEEK

Dates are listed in month/date format. For example,

- May 1 is listed as 5/1.MMondayTTuesdayWWednesdayRThursdayFFridaySASaturdaySUSunday
- EO Every Other

FACILITIES/LOCATIONS

AA	Auburn Arboretum
AHS	Auburn High School
AHST	Auburn High School Track
AJHS	Auburn Junior High School
APL	Auburn Public Library
ASC	Auburn Softball Complex
ASF	Auburn Soccer Fields-Shug Jordan Field
ATPS	Auburn Technology Park South–Lake
BCC	Boykin Community Center
BCG	Boykin Community Gym
CSP	Chewacla State Park
DP	Dinius Park
DRCS	Dean Road Ceramics Studio
DRRC	Dean Road Recreation Center
DMSG	Drake Middle School Gymnasium
DSP	Duck Samford Park
DTWN	Downtown Auburn
ESS	East Samford School
FBRC	Frank Brown Recreation Center
FLP	Felton Little Park
HC	Hubert & Grace Harris Senior Center
IPT	Indian Pines Tennis Courts
JDCAC	Jan Dempsey Community Arts Center
KP	Kiesel Park
KPNC	Kreher Preserve & Nature Center
MLK	Martin Luther King Park
MPB	Margie Piper Bailey
OES	Ogletree Elementary School
SP	Samford Pool
TCP	Town Creek Park
TCIP	Town Creek Inclusive Playground
WSC	Wire Road Soccer Complex
YTC	City of Auburn/Auburn University
	Yarbrough Tennis Center

REGISTRATION GUIDELINES

Registration will begin Monday, August 7 at 8 a.m. Citizens must have an online account to register for any Parks and Recreation programs. An account should be created for any individual who is interested in registering and participating in a program. To access the online system and create an account visit auburnalabama.org/parks/register. Programs with an associated cost will require payment which can be made online using a credit card. Individuals who wish to pay with cash or check can register and pay in–person at the Harris Center Monday–Friday, 8am–5pm. Registration will only be accepted from participants who live or work in the City of Auburn during the first two weeks of registration, August 7–25.

The Auburn Parks and Recreation Department administration offices are located in the Harris Center at 425 Perry Street and are open Monday–Friday, 8 AM until 5 PM

REGISTRATION: Registration is required for all programs. Your early registration makes a difference, as all programs have a minimum participation requirement. Registration is accepted on a first come, first served basis. After a class has reached capacity, names will be placed on a waiting list. Contact us at (334) 501–2930 for questions or more information.

PHOTOS: City of Auburn staff will periodically take photos of program participants and park visitors. These photos may be used in our publications, including seasonal program guides, facility brochures, advertisements and on our website. If you do not wish to have your photo taken, please notify the photographer at that time.

WAIVER AND RELEASE: All participants in programs conducted by the City of Auburn Parks and Recreation Department are required to sign a liability/waiver release form. Participants under the age of 19 will be required to have a parent/guardian sign for them. **FEES:** Classes with fees must be paid at the time of registration.

REFUNDS: All refund requests must be made in writing to the Parks and Recreation Administrative office via email (registration@auburnalabama.org) or using the refund request form on the home page of the online portal. Refunds for leisure activities will be processed and issued within 1 week if originally paid online by customer or 2–3 weeks if registration was processed in–person at the Harris Center. Tennis and Youth Sports refunds will be processed and received within 30 days.

CEMETERIES: Auburn Parks and Recreation is responsible for Memorial Park, Westview, Pine Hill, and Town Creek Cemeteries. To purchase bronze markers or lots, arrange for burial or for more information, please pick up the cemetery brochure or contact the Harris Center at (334) 501–2930.

PICNIC FACILITIES: Picnic facilities at Duck Samford, Kiesel, Town Creek, Bowden, Sam Harris, Dinius, Martin Luther King and Felton Little Parks are available for reservations. To reserve a park, contact the Harris Center at (334) 501–2930.

RENT-A-FACILITY: City of Auburn Parks and Recreation facilities and parks are available to the public for rental. Rental fees vary depending on the amount of space, equipment, and type of facility needed. For more information on City facilities, please visit auburnalabama. org/parks then go to the rent and reserve and click on the icon to check availability and reserve a facility or park. To schedule a tour of the historic Nunn Winston House and service building at Kiesel Park, contact Auburn Parks and Recreation at (334) 501–2930.

NOTES: Participants in all Auburn Parks and Recreation programs must be toilet trained. If participants are not picked up on time from programs, a late fee will be assessed.

SERVICE FEES: A \$30 service fee will be charged on all checks returned by the bank. **ACCOMMODATIONS:** In accordance with the requirements of Title II of the Americans with Disabilities Act of 1990 ("ADA"), the City of Auburn, Alabama does not discriminate on the basis of disability in its services, programs, or activities. Upon request, qualified individuals with disabilities will be provided with reasonable accommodations. To ensure effectiveness of the accommodations, the City requests that the Administrative offices of the Parks and Recreation Department be notified of the need at least 48 hours prior to the program, event, or activity. Please refer to the back of this brochure for a complete listing of all facilities and parks. You may also refer to the Parks and Recreation Guide, available at the Harris Center, for a map and detailed information

about each individual park and facility.

Please visit auburnalabama.org/government/ada for additional information.





CITY MARKET AND HARVEST MARKET

Auburn Parks and Recreation invites the community, growers, and consumers alike, to join us at Town Creek Park every Saturday until August 26th from 8–11 AM. The market will host local farmers, growers, and artists to sell their produce and products. Harvest Market will be October 7th at Town Creek Park from 8 AM to Noon. Parking will be available for all market attendees in the gravel parking lot across from Town Creek Park.

Age(s) Day(s)	Date(s)	Time(s)	Location	
ALL	SA	10/7	8a.m.–Noon	TCP	
Conta	ict: Sarah (Cook • scook@	auburnalabama.org@	• (334) 501–2948	

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FALL SUNDOWN CONCERT SERIES

Join us for an evening of music and fun at beautiful Kiesel Park. Concessions will be available for purchase. Bring your lawn chair or blanket and come enjoy great music. Pets on leashes are welcome as well. Kiesel Park is located at 520 Chadwick Lane in Auburn. For the most up to date information on performers, delays, or cancelations, visit the Auburn Parks and Recreation Facebook Page at https://www.facebook. com/COAParkAndBace EREE

Age(s)	Day(s)	Date(s)	Time(s)	Location
ALL	R	9/21, 9/28,	5:30–7 p.m.	KP
		10/5, 10/19		
Contac	t: Jarrett J	ones • (334) 50	1–2941 • jyjones@	auburnalabama.c

DOWNTOWN TRICK-OR-TREAT

Get ready for a spooky spectacular night! Join Auburn Parks and Recreation for the best Halloween party in town on Tuesday, October 31st from 6–8 p.m. in Downtown Auburn. This is a fantastic alternative to door– to–door trick–or–treating, with downtown merchants handing out candy and plenty of treats for everyone! There will be music, provided by our special spooky entertainment for the evening, and the annual Costume Contest. *Costume Contest judging is from 6:15–7:15 PM with winners announced at 7:30! Do not miss all the fun! **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location			
ALL	Т	10/31	6–8 p.m.	DWTN			
Contact: Maura Toohey • mtoohey@auburnalabama.org							



DADDY-DAUGHTER DATE NIGHT

The 33rd annual Daddy Daughter Date Night is coming up! Tickets will go on sale Monday, December 4th, 2023. All dance nights will be held at the new Soccer Complex. One change: traditional high heels will not be allowed on the new floors; wedges and chunky heels are allowed (no stilettos). Daughters, dads, granddads, and uncles are invited to dance the night away and enjoy refreshments, door prizes, dance contests, keepsake photos, and an evening of memories. Special guests will also be in attendance! The 2024 theme is "Stay Wild" (jungle theme). Visit www.auburnalabama.org/parks to purchase your tickets starting at 8 a.m. on Dec. 4th.

Contact: Elizabeth Kaufman • (334) 501–2930 • ekaufman@auburnalabama.org



FRIGHT NIGHT AT KIESEL PARK

Fright Night at Kiesel Park is back in 2023! Join us on Friday, October 13, 2023, For the Fright Night movies. An evening of spooky movies to get you in the mood for Halloween. The first feature will be **Harry and the Hendersons** (1987), rated PG will start at 6:45p.m. and our second feature, **Friday the13th** (1982) rated R will be shown at 8:40p.m. Patrons are encouraged to bring chairs and/or blankets to be comfortable. Concessions will be available for purchase. This event is open to the public. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
ALL	F	10/13	6:45–10 p.m.	KP
Contac	t: Jarrett Jo	nes • (334) 501	1–2941 • jyjones@a	uburnalabama.org

17[™] ANNUAL HOLIDAY ART SALE

The Auburn Arts Association, Auburn Parks & Recreation and Jan Dempsey Community Arts Center will host the 17th annual Holiday Art Sale on Saturday, November 18th from 9 a.m.-4 p.m. at the City of Auburn Parks and Recreation Complex. Local artists will be selling paintings, pottery, stained glass, photography, cards, jewelry, hats, scarves and much more! If you would like to sell your work, applications will be available via MyRec beginning Monday, October 2nd. A limited number of exhibition spaces are available, so be sure to submit your application quickly! For more information about this year's event or a link to the registration website, please visit auburnalabama.org/arts. For more information, please contact the Arts Center at (334) 501–2930.

mornation, please contact the Aits Center at (504) 501-2350. FREE								
Age(s)	Day(s)	Date(s)	Time(s)	Location				
ALL	SA	11/18	9:00 a.m.–4 p.m.	FBRC, HC				
Contact: Emillie Dombrowski • edombrowski@auburnalabama.org •								
	(334) 501–2944							

LET'S GET ACTIVE, AUBURN

We are ending our 2023 season! Active Auburn is a health and wellness campaign presented by Auburn Parks and Recreation and launched in August 2017. The campaign is designed to encourage Auburn residents to get active in Auburn and connect them with their fellow residents and City parks and facilities. For questions about Active Auburn, visit www.auburnalabama.org/parks.

HAUNTED ZUMBA

Haunted Zumba is back! Join us on Saturday, October 14th from 8:30–10:30 a.m. at Frank Brown Recreation Center for Haunted Zumba! We will host a costume contest from 8:30–9 a.m. and Zumba will take place from 9–10:30 a.m. Zumba is a Latin dance–based exercise program that combines dancing with an aerobic workout, it might become your new favorite workout! Instructors from around the Auburn–Opelika area will lead you through some spooky, kooky, and creepy dance moves to get your body moving! Children ages eight and older are welcome with parent participation. **FREE to the public.**

Age(s)	Day(s)	Date(s)	Time(s)	Location			
8+	SA	10/14	8:30a.m.–10:3	80a.m. FBRC			
Contac	Contact: Maura Toohey • activeauburn@auburnalabama.org						

JINGLE JOG AND SANTA STROLL

The Jingle Jog 5k and Santa Stroll Fun Run are here again-so pull out those Santa hats and ugly sweaters! Join Active Auburn on Saturday, December 2nd at 6:30 a.m. as we ring in the holiday season in style! The Santa Stroll Fun Run (1 mile) will begin at 6:30 a.m. at Toomer's Corner and

the Jingle Jog 5k will begin at 7:00 a.m. at Toomer's Corner. Registration for both races begin on Monday, September 4th. A schedule of registration fees is as follows (Any applicable discounts will be added at checkout):

Santa Stroll Fun Run:

Early Bird Registration: September 4–October 27: \$15	
Registration: October 28–November 12: \$20	
Late Registration: November 13–November 28: \$25	
Day–of Registration: December 2: \$35	
Jingle Jog 5k:	
Early Bird Registration: September 4–October 27: \$20	
Registration: October 28–November 12: \$25	
Late Registration: November 13–November 28: \$30	
Day-of Registration: December 2: \$40	

To be guaranteed a t-shirt, participants must register by Sunday, November 12th. A limited number of t-shirts will be available to late and raceday registrants on a first come, first serve basis. Race day registration will begin at 5 a.m. in front of Whataburger. Day-of registration ends at 6:00 a.m. for the Santa Stroll and 6:30 a.m. for the Jingle Jog. The Santa Stroll will NOT be scored or timed. The Jingle Jog 5k will have awards for the following categories for men and women: Overall (1st–3rd), 14 & under, 15–19, 20–29, 30–39, 40–49, 50–59, 60+. Awards will be presented by 8 a.m. at Toomer's Corner.

Age(s) Day(s)	Date(s)	Time(s)	Location
Santa	Stroll Fur	Run		
8+	SA	12/2	6:30–7:00 a.m.	DWTN
Jingle	e Jog 5k			
8+	SA	12/2	7:00–8:00 a.m.	DWTN
Conta	ict: Maura 1	oohey • active	eauburn@auburnalaba	ama.org

ACTIVE AUBU

ADULTS 50+

I'VE FALLEN AND I CAN GET UP

Are you afraid of falling and not being able to get back up again, or do you avoid sitting on the floor because you don't think you can get back up again? If so, this class is for you! We will work on strengthening the muscles needed and safe technique to get down onto the floor and then back up again. This class is led by a certified personal trainer and focuses on proper technique and safety. Note: Participants will only be allowed to register for one session of this class. If this class is full and you miss the first class without any communication to the instructor, you will be removed from the roster so others may register. **FREE**.

	Day(s)	Date(s)	Time	Location
50+	MWF	9/18–10/6	2:15p.m.–2:45p.m.	HC
50+	MWF	10/30–11/17	2:15p.m.–2:45p.m.	HC
Contac	t: Valerie F	etsch • vfetsch	@auburnalabama.org	

SILVER SNEAKERS

The Silver Sneakers® Fitness program is an innovative program offered through participating health plans that gives you the freedom to get fit your way[™]. Silver Sneakers Classic: Move to music and have fun while exercising to increase muscle strength, range of movement, and activities for daily living. Hand–held weights, bands, and a ball are used for resistance. A chair is used for seated exercises and standing support. **\$5, Silver Sneakers membership will be verified, and members will be refunded the \$5 fee. If you miss three classes in a row without any communication to the instructor, you will be removed from the roster.**

Age(s)	Day(s)	Date(s)	Time(s)	Location		
50+	Μ	9/11-11/20*	9–9:45 a.m.	HC		
50+	Т	9/12-11/28	2–2:45 p.m.	HC		
50+	R	9/14–11/30	9–9:45 a.m.	HC		
*Will not meet 9/25						
Contact: Sarah Cook • (334) 501–2948 • scook@auburnalabama.org						

ZUMBA GOLD

Zumba Gold is designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold uses the same great Latin styles of music and dance that are used in the Zumba basic program, including the Salsa, Cha–Cha, Rock 'n Roll and Merengue. The Zumba Gold program strives to improve balance, strength, flexibility and most importantly, the heart. When you take the Zumba Gold class, be sure to wear comfortable workout clothing, take water and a towel, along with a "ready to party" attitude! **FREE.**

	Day(s)	Date(s)	Time(s)	Location
50+	Μ	9/11–11/27	10–11 a.m.	HC
	W	9/6-11/29	8:30–9:30 a.m.	HC
Contac	t: Gabby	Filgo • gfilgo@au	uburnalabama.org •	(334) 501–2946

SEATED ZUMBA GOLD

Zumba movements are designed to mimic many typical Latin dance styles like salsa, rumba, and cumbia. Although traditionally many of these dances require use of your entire body, they can easily be adapted for people with mobility challenges. Many movements can be done with the upper body from a seated position in a wheelchair. Because so many unique styles of music are usually incorporated into typical Zumba classes, participants join into the motions they feel most comfortable with. This class is a wonderful way to strengthen the upper body as well as the lower extremities such as ankles and feet (if able). The class can be taken from your own wheelchair or from a regular chair. Chairs will be provided. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location		
50+	Μ	9/11–11/27	11–11:30 a.m.	HC		
	W	9/6–11/29	9:30–10 a.m.	HC		
Contac	Contact: Gabby Filgo • gfilgo@auburnalabama.org • (334) 501–2946					

PROGRAM REGISTRATION BEGINS AUGUST 7

LOW IMPACT CARDIO SCULPT

This class is led by a certified fitness instructor and designed to give maximum cardiovascular benefits with little stress on the joints. Muscle building and strengthening exercises are incorporated with low-impact cardio movements designed to tone muscles and increase cardiovascular endurance. This workout also includes balance and stretching exercises, which we need as we age. Please bring an exercise mat (example: yoga mat). Lightweights (no more than 2–3–pound handheld weights, soup cans, water bottles, etc.) are encouraged but not mandatory. Participants are encouraged to modify and work out at his/her own pace and modifications are shown by the instructor. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	TR	9/5–11/30	10 a.m.–10:45 a.m.	FBRC
Contac	t: Valerie C	Carson • (334) 7	740–8988 • valeriecars	son@knology.net

YIN YOGA FOR HEALTH AND HAPPINESS

Yin Yoga is a little different than a "typical" yoga class. It is a passive/ quiet yoga practice where we learn to relax our muscles in poses held for longer periods of time to improve joint, ligament, fascia, and connective tissue that normally are not exercised in traditional exercise sessions. Please let instructor know of any injuries, concerns in order that the poses practiced in the class may be modified to meet your specific needs. Yin yoga is highly recommended if you are over the age of thirty-five as it helps to keep the connective tissue, joints, and other aspects of the body in alignment and sustain flexibility as we age. Yin yoga also incorporates mindfulness to include breathing techniques that help improve mood, sleep, and mobility. This is an all-levels class from beginners to advanced. Participants will need a yoga or padded mat, small lap blanket or beach towel. The participant may decide to buy their own optional equipmentbolster, blocks, and yoga strap. The Parks and Recreation Department supply those optional equipment items for use unless you chose to buy your own. It is suggested that you attend class and use the supplied optional equipment before you go out and buy your own. it is suggested you give yourself some time to see if the class is something that you will continue before buying the additional items. Instructor reserves the discretion to cancel class as needed. FREE.

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	W	9/6–11/29	10:30–11:30 a.m.	FBRC
Contac	t: Tammy	Hollis • (334) 70	03–0168 • hollite60@	gmail.com

DUMBBELL BASICS

Learn how to use dumbbells safely and effectively for long-term physical health. This class is led by a certified personal trainer and focuses on proper technique and safety. If this class is full and you miss the first class without any communication to the instructor, you will be removed from the roster so others may register. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	MWF	10/9–10/27	2:15 p.m.–2:4	5 p.m. HC
Contac	t: Valerie I	Fetsch • vfetsch	@auburnalabar	na.org



WEIGHT MACHINE BASICS

Take care of your body by learning how to use constant resistance machines (weight machines) to strengthen your muscles and bones for long-term physical health. This class is led by a certified personal trainer and will focus on proper technique and safety. The class is limited to one person per class time, so only register if you can come to all classes in the session. Note: Participants will only be allowed to register for one session. If this class is full and you miss the first class without any communication to the instructor, you will be removed from the roster so others may register. **The class is FREE TO THE PUBLIC, but a \$30 Lifetime Fitness Center pass/waiver is needed to attend.**

Filless Venter pass/waiver is needed to attend.					
Day(s)	Date(s)	Time(s)	Location		
TR	9/19–10/5	11 a.m.–11:45 a.m.	FBRC		
TR	9/19–10/5	12 p.m.–12:45 p.m.	FBRC		
TR	10/10-10/26	11 a.m.–11:45 a.m.	FBRC		
TR	10/10-10/26	12 p.m.–12:45 p.m.	FBRC		
TR	10/31–11/16	11 a.m.–11:45 a.m.	FBRC		
TR	10/31–11/16	12 p.m.–12:45 p.m.	FBRC		
Contact: Valerie Fetsch • vfetsch@auburnalabama.org					
	Day(s) TR TR TR TR TR TR TR	Day(s) Date(s) TR 9/19–10/5 TR 9/19–10/5 TR 10/10–10/26 TR 10/10–10/26 TR 10/31–11/16 TR 10/31–11/16	Day(s)Date(s)Time(s)TR9/19–10/511 a.m.–11:45 a.m.TR9/19–10/512 p.m.–12:45 p.m.TR10/10–10/2611 a.m.–11:45 a.m.TR10/10–10/2612 p.m.–12:45 p.m.TR10/31–11/1611 a.m.–11:45 a.m.TR10/31–11/1611 a.m.–11:45 a.m.TR10/31–11/1612 p.m.–12:45 p.m.		

BE FAB (BE FLEXIBLE & BALANCED)

Be FAB (Flexible and Balanced)–Feel better and more confident by improving your balance and stretching your muscles safely for long–term physical health. This class is led by a certified personal trainer and focuses on proper technique and safety. Please bring an exercise mat or towel for floor work. Exercise modifications can be made, including sitting in a chair for floor work, if needed. You are encouraged to come as many days as you can each week for the best results. If this class is full and you miss 1 week without any communication to the instructor, you will be deregistered so others may register. **FREE.**

Age(s)	Day(s)	Dates(s)	Time(s)	Location
18+	MTWRF	9/18–11/30*	1–1:45 p.m.	FBRC
	*No class	11/20		
Contac	+• Valorio F	atech • vfatech	@auhurnalahama	ora

Contact: Valerie Fetsch • vfetsch@auburnalabama.org

50+ PROGRAMS:

BOOK CLUB

Read and Reflect Book Club meets at the Harris Center and via Zoom on the last Tuesday of each month to discuss a selected book. Most books are available to check out at the Auburn Public Library, located at 749 East Thach Avenue. Please call 334–501–3190 or use the library link at auburnalabama.org to reserve your copy today. You can email Sarah (scook@auburnalabama.org) to be added to the Read and Reflect email list. A Zoom link will be sent to the Read and Reflect email list. **FREE.**

September: The Henna Artist

October: Vanderbilt: The Rise and Fall of an American Dynasty November: The Chicken Sisters

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	Т	9/26, 10/31,	1:30 p.m.–2:30) p.m. HC
		11/28		
Contac	t: Sarah Co	ook • (334) 501	–2948 • scook@	auburnalabama.org

COOKBOOK CLUB

A cookbook club is a combination of a lot of good things. It is kind of like a book club, kind of like a potluck dinner, but together. Everyone gets to try new foods and talk about it. Stop by the Harris Center to browse the cookbook and pick out your recipe. You will bring your dish for everyone to sample and discuss. Please make enough for ten people. Fall–Half Baked Harvest Every Day: Recipes for Balanced, Flexible, Feel–Good Meals: A Cookbook. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	Μ	10/2	12 p.m.–1p.m.	HC
Contac	st: Sarah C	ook • (334) 50	01–2948 • scook@au	uburnalabama.org

BINGO & LUNCH TO GO

On the first and third Tuesdays of each month, enjoy playing bingo and catching up with friends. Participants will be provided a boxed lunch to take home. Space is limited for in-person bingo, so if you register but cannot attend, please, let us know in writing. PRE-REGISTRATION IS REQUIRED; you must be registered the Friday before BINGO to be guaranteed lunch and to participate in BINGO. You must attend bingo to receive a lunch. **\$10/day.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	Т	9/5, 9/19	10:30 a.m.–12 p.m.	HC
		10/3, 10/17	10:30 a.m.–12 p.m.	HC
-		11/7, 11/21	10:30 a.m.–12 p.m.	HC
Contac	:t: Sarah C	ook • (334) 501	-2948 • scook@aub	urnalabama.org

MUNCH AND MINGLE LUNCH CLUB

Get together with old friends and make some new friends as we gather on select Wednesday afternoons each month for lunch at a local restaurant. Participants must provide their own transportation and cover the cost of lunch. Senior discounts may apply at some restaurants. **Please register by 5 p.m. on the Tuesday prior so reservations can be made for the group.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	W	9/20	11 a.m.–1 p.m.	Staks
		10/18	11 a.m.–1 p.m.	Flying Biscuit
				Café
		11/15	11 a.m.–1 p.m.	Walk On's
				Sports
				Bistreaux
Contac	:t: Sarah C	ook • (334) 50)1–2948 • scook@ai	uburnalabama.org

GET OUT AND GO! LOCAL ADVENTURE CLUB

Join us each month as we venture out to take advantage of the local sights and activities! Participants must provide their own transportation to each location. Look for directions and more details in the *Senior Connection* newsletter each month. **Cost varies by activity. Please**

register in advance.

September • Tigertown Sports \$12

October • Botanic Gardening Workshop-\$60

November • St. Dunstan's Episcopal Church Tour-FREE					
Age(s)	Day(s)	Date(s)	Time(s)	Location	
50+	W	9/14	3 p.m.–4:30 p.m.	1615 Parker	
				Way, Opelika	
	F	10/26	9:00a.m.–11:00a.m	n. 1702 Fredrick	
				Rd, Opelika	
	Μ	11/27	11a.m.–Noon	136 E Magnolia	
				Ave, Auburn	
Contac	:t: Sarah C	ook • (334) 50)1–2948 • scook@auk	ournalabama.org	

THE CRAFTY CREW

Come hang out with us on select afternoons each month and enjoy making a seasonal craft with step-by-step instruction. **\$10.**

September • Lavender Dryer Bags

October • Coasters

November • Thanksgiving Decorations

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	F	9/1,10/6,11/17	2–3:30 p.m.	HC
Contac	t: Sarah C	ook • (334) 501-	–2948 • scook@	auburnalabama.org

ADULTS 50+

FOOD FOR THOUGHT-A 50+ BREAKFAST SPEAKER SERIES

On a select Tuesdays join us for a FREE breakfast and entertaining speaker. Please register in advance at the Harris Center so we can supply enough food. FREE to the public. Speakers will be posted in the Senior Connection Newsletter.

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	Т	10/31	9–10 a.m.	HC
	Т	11/28	9–10 a.m.	HC
Contac	:t: Sarah (Cook • (334) 50	01–2948 • scook@	auburnalabama.org

50+ SPECIAL EVENTS:

MOVIE NIGHT AT THE HARRIS CENTER

Nothing like enjoying food and a good flick together! Come join us for a movie and dinner on select Thursday nights this fall. More movie suggestions welcome! **\$10(includes pizza). Please register by**

the Wednesday prior at 5 p.m.

September • A Man Called Otto

October • 80 For Brady

November • Barble						
Age(s)	Day(s)	Date(s)	Time(s)	Location		
50+	R	9/7	5:30–8:30 p.m.	HC		
		10/19	5:30–8:30 p.m.	HC		
		11/30	5:30–8:30 p.m.	HC		
Contac	:t: Sarah C	000k • (334) 50	01–2948 • scook@au	burnalabama.org		

SENIOR CITIZEN FALL FESTIVAL

Come out to Town Creek Park to celebrate the changing of the seasons from summer to fall. There will be games, food, door prizes and live music. This event is for adults 50+ and pre-registration is required. This event will be from 10:30a.m.-1:30p.m., you can drop in at any time to enjoy the festival. **\$5.**

Age(s)	Day(s)	Date(s)	Time(s) L	ocation
50+	F	9/29	10:30 a.m.–1:30 p.m.	TCP
Contac	st: Sarah (Cook • (334) 50)1–2948 • scook@aubur	nalabama.org

TECHNOLOGY TUTORING DAY

Do you have a smart phone, tablet or laptop that seems to be more trouble than its worth? Join us for Technology Tutoring Day Tuesday, September 26th at 9am, where you will be paired one-on-one with a volunteer from Auburn Young Professionals who will help you learn how to navigate your new-fangled gadget! Please bring one device to the tutoring session with one or two skills in mind that you wish to master. Breakfast will be available starting at 8:30 a.m. and tutoring will begin at 9 a.m. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	Т	9/26	8–9 a.m.	HC
Contac	t: Sarah (Cook • (334) 5(01–2948 • scook	2auburnalabama.org



HALLOWEEN MURDER MYSTERY DINNER-WILD WEST

It is 1870 in the town of Dead Man, Kansas, USA. There is a big crowd whoopin' it up in Dead Man's Saloon. The clock on the wall shows high noon but then, it always does. All at once, word spreads that there is going to be a shootout on Main Street. The crowd rushes outside to watch, but the street is deserted. Suddenly, two shots ring out from behind them, inside the saloon. When the crowd hurries back in, they find the dead body of Deputy Drinkwater, shot through the heart. Somebody must have stayed behind to do the evil deed. Was it One–Eyed Pete, the black-hatted outlaw? Or Patty Petticoat, the saloon dancer with the mysterious past? Or Waylin Straum, the singing cowpuncher? Who knows, pardner? Maybe it was–YOU! **\$25.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	М	10/30	5:30 p.m.–8:30 p.m	n. HC
Contac	:t: Sarah C	ook • (334) 50	01–2948 • scook@aub	urnalabama.org

50+ FIELD TRIPS:

SEPTEMBER 5TH: MONTGOMERY BISCUITS GAME-MONTGOMERY, AL

Join Sarah as we take a trip to see the Montgomery Biscuits in our state capitol. The Biscuits will be taking on the Chattanooga Lookouts. The Montgomery Biscuits are a Minor League Baseball team, they are the Double–A affiliate of the Tampa Bay Rays and play in the Double–A South. Food will be available at the game for purchase. **\$20.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	Т	9/5	5 p.m.–10 p.m.	Riverwalk
				Stadium-
				Montgomery
Contac	t: Sarah C	ook • (334) 50)1–2948 • scook@au	uburnalabama.org



SEPTEMBER 18TH: THE BIG HOUSE (ALLMAN BROTHERS BAND MUSEUM)–MACON, GA

The Big House also known as The Allman Brothers Museum is located Macon, GA. In 1969 it was for rent, and by January 1970, it became the house where members of the band, their roadies, friends, and families lived until 1973. It was the focal point of gathering in those early years when the magic that is the Allman Brothers Band was just taking shape and radiating from this historic Southern town. This field trip will include a private museum tour. We will stop for lunch at a local restaurant. **§65.**

Age(s)	Day(s)	Date(s)	Time(s)	Location	
50+	Μ	9/18	7:30 a.m.–4p.m.	Macon, Ga	
Contact: Sarah Cook • (334) 501–2948 • scook@auburnalabama.org					

OCTOBER 5TH: ELVIS: A MUSICAL REVOLUTION AT THE SPRINGER OPERA HOUSE-COLUMBUS, GA

This brand-new musical tells the story of the dirt-poor kid from Tupelo, Mississippi who shook up the world and shaped the history of music and culture. Elvis haunted the clubs on Beale Street and worshipped in the local Black churches. He was influenced by Sister Rosetta Tharpe, Little Richard, B.B. King and Fats Domino as well as artists like Jimmie Rodgers and Dean Martin. He served dutifully in the US Army and was lavishly generous to strangers. ELVIS: A MUSICAL REVOLUTION features The King's iconic songs including "That's All Right," "All Shook Up," "Heartbreak Hotel," "Burning Love," "Hound Dog," "Don't Be Cruel," "Jailhouse Rock," and "Blue Suede Shoes". **\$60.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	R	10/5	2:30 p.m.–10 p.m.	Springer
				Opera House,
				Columbus Ga
Contac	t: Sarah C	ook • (334) 50	01–2948 • scook@aub	urnalabama.org

OCTOBER 12TH: ZIPLINING AT BANNING MILLS-WHITESBURG, GA

Historic Banning Mills was founded in 1998 with a priority goal of preserving the history of Banning Mills and the beauty of the unique eco system of the Snake Creek Gorge. Since 1998, our conservancy has worked with the Trust for Public Lands and the Upper Chattahoochee River Keepers, and the area now has over 1,500 pristine acres preserved in perpetuity (Forever). The facility has a historic interpretive center, book, and video documentary of the history of Banning Mills and has preserved many of the town roads, trails and building sites in the Gorge. Glide among old growth trees in a deep hardwood forest. Enjoy nine zip lines, one or two Sky bridges and a cool tower. The Forest tour and Woodland tour are designed with families in mind. This field trio will include lunch at Banning Mills. **\$85.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	R	10/12	7 a.m.–2:30 p.m.	Whitesburg, Ga
Contac	:t: Sarah C	ook • (334) 50	01–2948 • scook@auk	ournalabama.org

NOVEMBER 1ST: NATIONAL INFANTRY MUSEUM-COLUMBUS, GA

The National Infantry Museum and Soldier Center opened in 2009 with one guiding mission: to honor the legacy and valor of the U.S. Army Infantryman. In addition to more than 70,000 artifacts, the museum campus is also home to World War II Company Street, Vietnam Memorial Plaza–featuring the Dignity Memorial Vietnam Wall–and the Global War on Terrorism Memorial. This field trip will include the total Museum Experience. Guided Museum and Outdoor Tour, documentary film and an experience at the DownRange VIRTUAL REALITY and lunch. **\$40.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	W	11/1	8 a.m.–3 p.m.	Columbus, Ga
Contac	:t: Sarah C	ook • (334) 50	01–2948 • scook@a	uburnalabama.org

BE SURE TO VISIT US ONLINE FOR FURTHER INFORMATION AT AUBURNALABAMA.ORG/AQUATICS OR CALL US AT (334) 501–2956.

AQUATICS SPECIAL EVENTS

DOG DAYS OF SUMMER: DOG POOL PARTY

While the weather is still nice, treat your furry friends to a pool day at Samford Pool! Saturday, September 23rd from 11:00a.m.-3:00p.m.

ANIME DRAWING: MANGA

Manga is a Japanese style of comics. This class will learn how to draw people in an anime style. Each student will be encouraged to develop their own anime characters and develop a unique style of drawing. Small group instruction, and all supplies are included. All skill levels welcome.

\$97 (price includes a \$25 materials fee).						
Age(s)	Day(s)	Date(s)	Time	Location		
8–17	R	9/14–11/9	5–6:30 p.m.	DRRC		
Contact: Laurie Brenden • (334) 704–3343 • brendendesigns1@gmail.com						

Samford Pool will be THE place for dogs that love to swim. Plan for tasty treats, a doggie swimsuit contest, and of course all the fetch and fun they want. Only dogs will be allowed in the pool during this time and dog park rules apply. **FREE to the public.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
ALL	SA	9/23	11 a.m.–3 p.m.	SP
Contac	t : Maura To	ohev • (334) 50)1–2940 • mtoohey@a	uburnalabama.or

ART FOR HOMESCHOOLERS

These classes, under the sponsorship and support of the Auburn Arts Association, are divided into two age groups to allow for age-appropriate art experiences. Fees cover instruction and all supplies and materials. Please register in advance of the first day of classes. **\$85/first child;**

\$80/each additional sibling. Group 1 | Art Explorers

Join us in learning about artists and art techniques as you explore a variety of art media and develop your own artistic style. Classes are organized around themes that highlight the basic elements of art. In the past, some of these themes have been "Loads of Landscapes," "Fin and Feather," "Make Yourself at Home," and "The Shape of Things." Please register in advance of the first day of class. **\$85/first child; \$80/each additional sibling.**

Age(s)	Day(s)	Date(s)	Time	Location
6–9	R	9/7-10/26	9–11 a.m.	DRRC
Contac	:t: Amy Ka	iser • (334) 821	–0916 • amyeka	aiser@gmail.com
Group 2 Art Adventures				

This class is designed for the young artist ready to meet art challenges at the intermediate level. Students will take a step further into developing a creative style while exploring a variety of artists, styles, techniques, and

media. \$85/first child; \$80/each additional sibling.				
Age(s)	Day(s)	Date(s)	Time	Location
10–15	R	9/7-10/26	9–11 a.m.	DRRC
Contact: Laura Kloberg • (334) 332–5458 • aura57@yahoo.com				

PAINTING OPEN STUDIO

Painting Open Studio, under the support of the Auburn Arts Association and instructed by Nils Larson, will encourage artists to provide artistic fellowship, to share ideas/work and to be with other artists. Members of the studio group meet weekly to work on their own respective paintings. The open studio format means members are free to come and go according to their individual time needs. The instructor will give critical feedback and aid with process whenever requested. The instructional focus is primarily geared towards representational painting with oil and development of observational painting skills. Students will supply their own materials. **\$60**.

Age(s)	Day(s)	Date(s)	Time	Location
18+	Т	9/5–12/19	9 a.m.–2 p.m.	FBRC
Contac	t: Nils Larsc	n • (334) 663–	4734 • signaladvand	e@protonmail.com

CHEERLEADING

Girls will be instructed by staff in basic cheerleading skills. Girls will be placed on squads to cheer for the Auburn Youth Football Association football games. Squads will not cheer for specific teams. Squads will practice once a week and cheer at one game each week. **\$95.**

Online & Scholarship Registration Dates: 7/5–7/28

www.auburnalabama.org/athletics/youth-sports/cheerleading

Ages	Game	Day	Locations	Season Length
1 st -4 th				
grade		Μ	ASF	Sept-Nov
Coordi	inators:	louston Mai	nning •(334) 501–2942	•
	r	imanning@a	auburnalabama.org	
	S	Sarah Cook	• (334)501–2948	
	S	cook@aubi	urnalabama.org	

FLAG FOOTBALL

A modified version of football; the league will play once a week and practice a maximum of twice a week. **\$60.**

Online & Scholarship Registration Dates: 7/3–7/27 •

www.auburnalabama.org/football				
Age(s)	Day(s)	Location	Season Length	
6 & 7				
(min of 40 players)	TBA	ASF	Sept–Nov	
8&9				
(min of 40 players)	TBA	ASF	Sept–Nov	
10–12				
(min of 40 players)	TBA	ASF	Sept-Nov	
(As of 7/31/23)				
Coordinator: Mike	Goggans • 50)1–2945 • mgoggans	s@aubumalabama.org	

AUBURN OPEN STUDIO

A place for artists to come and enjoy like-minded artists. Come paint, talk, and share a few hours just for art. All skill levels welcome and all mediums practiced. **FREE.**

Age(s)	Day(s)	Date(s)	Time	Location
18+	F	9/1-11/17	10 a.m.–2 p.m.	FBRC
Contac	st: Flaine V	Vestern • (832)	704–8133 • doriswe	estern@amail.com

STUDIO 222 FIBER ARTS

This group is under the support of the Auburn Arts Association (AAA). This regional artist group's focus is fiber arts: sharing with each other their various skills, studying design and composition, and occasionally host visiting artists who share their talents and artworks. **FREE**.

Age(s)	Day(s)	Date(s)	Time	Location
18+	F	9/29,10/27,	Noon–3 p.m.	FBRC
		11/24		
Contac	t: Laura K	loberg • (334) 3	32–5458 • aura57	@yahoo.com

ELIGIBILITY FOR PARTICIPATION IN ATHLETIC PROGRAMS

1. Child must live in the City of Auburn or parent/guardian must work in the City of Auburn.

2. Children not meeting the residency or parent work requirements will be placed on hold and added to teams at the discretion of the league after the registration period. These individuals will have a 50 percent increase in his or her fee.

CDBG SPORTS VOUCHER PROGRAM

The City of Auburn has allocated Community Development Block Grant (CDBG) funds to pay registration fees for youths (up to age 18) to take part in sports programs available through the Auburn Parks and Recreation Department. CDBG funds may be used to pay for registration fees for up to \$50.00. All persons interested in registering for a youth athletic league/ program through a scholarship must register online. Registration will begin the first day of online registration for that league/program. For more information, call (334) 501–2930.

VOLUNTEER COACHES

All coaches in Auburn Parks and Recreation's athletic programs are volunteers who are certified through the Coach Safely Foundation. Coaches should have a basic knowledge of the sport they coach. A philosophy of participation, fun, sportsmanship, and fundamentals of the sports are stressed to the coaches. Coaches are asked to complete a basic application/information form prior to their selection, as well as a criminal background check consent form.

***AUBURN YOUTH TACKLE FOOTBALL**

Join this full contact tackle sport. Players must supply their own equipment, which must meet NOCSAE standards. Volunteers will coach the teams and will be required to be certified through the National Youth Sports Coaches Association. Skills test dates will be given out at registration. **\$60.**

Online & Scholarship Registration Dates: 7/3-7/27 •

www.auburnalabama.org/football

Age(s)	Leagues	Day(s)	Season Length
8&9	SEC	Μ	Aug–Nov
10–12	NFL	W	
(As of 7/	31/23)		
7th gra	ders are r	not eligible to participate.	
(Game c	lays subject	to change)	

Coordinator: Mike Goggans • 501–2945 • mgoggans@auburnalabama.org

IMPORTANT

All registered players must attend skills test to participate in tackle football. If a player fails to attend skills test, complete a physical and complete the weigh–in process prior to the team selection meeting, then that player will not be placed on a team.

****WEIGHT RESTRICTIONS****

SEC League-8 & 9 years old

*105 pounds max to carry ball. 106 pounds and above *Restricted* and must play on-line tackle to tackle. No weight limits on participation

NFL League-10, 11, & 12 years old

*10 and 11 years old-130 pounds max to carry ball. 131 pounds and above-*Restricted* and must play on-line tackle to tackle. No weight limits on participation.

*12 years old–110 pounds max to carry ball. 111 pounds and above and in the 6th grade-*Restricted* and must play on–line tackle to tackle.

7th graders are not eligible to participate. **PHYSICALS**

More information will be coming soon.

FALL BASEBALL-YOUTH

This fall baseball league is the time to work on specific baseball fundamentals or a new position. No scoreboard, no all-stars, no tryouts. We must have 44 participants in each age group to make a league. **\$45.**

Online & Scholarship Registration Dates: 7/3–7/27 •

www.	auburnalabar.	na.org/basel	ball

Age(s)	Day(s)	Location	Season Length
4-5	M & W	DS Fields 4–9	Aug–Oct
T–Ball			
6–7	M & W	DS Fields 4–9	Aug–Oct
Coach F	Pitch		
8–9	T&R	DS Fields 4–9	Aug–Oct
10–11	T & R	DS Fields 4–9	Aug–Oct
12–14	T & R	DS Field 10	Aug–Oct
(As of Ap	oril 30, 202	3) (All game days subject to	change)
Coordi	nator: Broo	y Thomas • 501–2952 • bth	omas@auburnalabama.org

GIRLS FALL SOFTBALL

A fun league. No All Stars and no league standings. Ideal for players moving up to obtain experience for spring. Season will focus on fundamentals. We must have 44 participants in each age group to make a league. **\$45.**

Online & Scholarship Registration Dates: 7/3–7/27 •

www.auburnalabama.org/baseball

Age(s)	Day(s)	Location	Season Length
6–8,			
9–11	T & W	Felton Little Park	Aug–Oct
(As of 4/	/30/23)	(All game days subject to	o change)
Coordi	nator: Broo	dy Thomas • 501–2952 • bth	nomas@auburnalabama.org

YOUTH SOCCER RECREATIONAL LEAGUE AGE GROUPS

FALL 2023-SPRING 2024

Age Group	Birth Years
Under 6	2018, 2019
Under 8	2016, 2017
Under 10	2014, 2015
Under 13	2011, 2012, 2013
Under 16	2008, 2009, 2010
Under 19	2005, 2006, 2007

YOUTH FALL SOCCER

Auburn Soccer Association's Youth Recreational Leagues are designed to teach the basic skills of soccer and foster a love of the game within a format of fun. We employ small sided & full field games to promote player development. Team jerseys and socks are provided. The Recreational Leagues are focused on fun, friendship, and player development. **U6–U16 \$70, U19 \$20.**

Age(s)	Location	Season Length
4–18 years	WSC	Aug.–Nov.
(As of 12/31/23)		

Coordinator: Jason Burnett • 501–2943 • jburnett@auburnalabama.org

YOUTH FREE-PLAY BASKETBALL MEMBERSHIPS FOR DEAN ROAD RECREATION CENTER

Youth Free–Play Basketball Memberships are now available & required for participation in Youth Free–Play Basketball at Dean Road Recreation Center. Youth Free–Play Basketball is for registered participants that are within the ages of 6–15 & all children MUST be accompanied by a parent or legal guardian during participation. Each child must have a membership card in their name and scan–in at the front desk upon entry to participate. All memberships are free & are valid for one year (unless the child reaches age 16 during the membership period, which they would no longer be eligible to participate, as they would be aged out). This membership card will be valid for unlimited participation at the Dean Road Recreation Center during Youth Free–Play Basketball hours for the membership year. To obtain a membership, please visit **www.auburnalabama.org/parks** and click "REGISTER." Youth Free–Play Basketball hours may vary, according to programs/events scheduled at the facility. Therefore, you are welcome to call Dean Road Recreation Center during weekday business hours (8am–5pm, CST) to verify.

YOUTH FREE-PLAY BASKETBALL

Looking for a place for children to get in some FUN exercise? How about basketball?!? Children, grab your friends and join us at the Dean Road Recreation Center gym. Now, you have a place to improve your game or join in a pick-up game with your peers for a little competition. Each child must have a membership card in their name and scan-in at the front desk upon entry to participate. Also, all children MUST be accompanied by a parent or legal guardian during entire time of participation. (Hours listed may vary, according to programs/events scheduled at facility.) **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
6–15	M–F	9/1–10/13	2:30–5:00p.m.	DRRC
	M,T	10/16-10/17	10:00 a.m.–5 p.m.	
	M–F	10/18-11/21	2:30–5 p.m.	
	W	11/22	10:00a.m.–5 p.m.	
	M-R	11/27–11/30	2:30–5 p.m.	
*Will not	meet on 9/	4 & 11/10		
Contac	:t: Tiffany S	cott • (334) 501	-2950 • tscott@aub	urnalabama.org

ATHLETICS

SHOOT FOR THE STARS

Athletes ages 9–13 can join Coach John Thomas for the Shoot for The Stars Clinic to work on fundamental basketball skills. Coach John played 15+ years of international basketball and has developed different techniques from around the globe designed to help young athletes reach their goals. **\$30/per session.**

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Age(s)	Day(s)	Date(s)	Time(s)	Location				
9–13	SA	9/1–11/30	1:30p.m3:30	p.m. FBRC				
Contac	:t: John Th	nomas • (334) 3	334-444-6472 •	jttv24@gmail.com				

CTA BASKETBALL TRAINING

CTA is unlike any other training program. CTA will Train your kids to increase their speed, change of direction, defensive stamina, rebounding, and ball handling skills. CTA is a pivotal piece in helping a player become an athlete on the court and preforming at a high level . Join the CTA family and let us get your child from good to great. We believe : "Desire it... Devote it ...Display it ." **\$100/per month.**

Age(s)	Day(s)	Date(s)	Time(s)	Location		
7+	MWSU	9/1–11/30	5:00p.m6:45	5 p.m. FBRC		
Contact: Everett Thomas • (334) 275–2548 • info@silverbackzathletics.com/						
	everettdwaynethomas@outlook.com					

JR. NBA BASKETBALL LEAGUE

The Jr. NBA, partnered with Silverbackz Athletics, philosophy is to share the game of basketball with youth across the world by teaching skills, values, and wellness in a positive and fun environment. The Jr. NBA's integrated approach is intended to strengthen the culture of youth basketball, teach life lessons, and empower youth to live a full and healthy life. The Jr. NBA believes this philosophy leads to developing complete and well–rounded basketball players and individuals. Our Basketball Program is a youth recreational league for boys and girls, ages 7–14. The program supplies young players a fun and exciting opportunity to wear NBA/ WNBA team uniforms, engage in recreational competition, and experience continuous action, all while learning lessons in teamwork. **\$70/ participant. \$55 Uniform fee.**

Ages(s) Day(s)	Date(s)	Time(s)	Location	
7–14	SU	8/13–10/8	1:00 p.m.–3:00 p	.m. FBRC	
Contact: Everett Thomas • (334) 275-2548 • info@silverbackzathletics.com/					
everettdwaynethomas@outlook.com					

TENNIS

All Tennis registrations are done online at https://auburnal.mvrec.com

nttps//auburnai.myrec.com
You MUST pick the days of the week as clinics are limited.
There are three sessions-four weeks each
Session 1–9/5–9/29 Registration opens on 8/1
Session 2–10/2 to 10/27 Registration opens 9/15
Session 3 10/30–11/17 Registration opens 10/15
Contact: Sarah Hill • (334) 501–2920 • shill@auburnalabama.org

4-6 YEAR OLD TENNIS

Your child will have fun learning basic techniques of tennis. This clinic will help the child become accustomed to the court, the tennis racquet, and the tennis ball. Your child will learn basic tennis and movement skills. These skills will help them learn the game of tennis and improve their coordination. Clinics will be on a modified court, use a shorter racquet (21–23 inches), and use a soft tennis ball (red or orange). Some parent involvement will be needed.

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Age(s)	Days(s)	Date(s)	Time(s)	Location			
4-6	MTWR	9/5 to 11/17	3–3:30pm	YTC			
Fees:	\$17.50 one practice/week/session						
	\$30 two practices/week/session						
Contac	t: Francois E	losman fbosmar	n@aubumalabama	a.org • (334) 501–2922			

PROGRAM REGISTRATION BEGINS AUGUST 7

PICKLEBALL

This recreation craze has an estimated 3 million players nationally and has become the fastest growing sport in the US according to the USA Pickleball Association. It borrows from tennis, ping pong and badminton. It is easy to learn and with less ground to cover on a smaller court and is not hard on the joints. Pickleball is a great alternative to tennis as adults get older or for anyone nursing overuse injuries from other sports. In addition to simply being fun, the moderate exercise and social nature of the game keep participants coming back week after week. The games in Auburn are played on the six Samford Pickleball courts at the Samford Avenue Tennis and Pickleball Center. E-mail auburnpickleball@gmail.com or visit auburnpickelball.edublogs.org, **FREE to the Public.**

6-8 YEAR OLD TENNIS

Your child will become familiarized with the equipment and basic skills of tennis while participating in organized tennis activities. At this clinic, your child will start to understand and develop the correct techniques needed to play tennis. He/she will learn through fun tennis and movement drills. Also, this clinic will introduce competitive point play and teach sportsmanship. Clinics will be on a modified court, use a shorter racquet (23 inches), and uses a soft ball (orange).

Age(s)	Day(s)	Date(s)	Time(s)	Location		
6–8	MTWR	9/5 to 11/17	3:30-4:15	YTC		
Fees:	\$26 one practice/week/session					
	\$40 two practices/week/session					
Contac	t: Francois I	Bosman fbosmar	n@aubumalabama	a.org • (334) 501–2922		

9-12 YEAR OLD TENNIS

Your child will be introduced to rallying an orange tennis ball and to compete in various games. Your child will work on techniques that will improve their tennis skills. They will experience more personal success and tennis will become more fun. Also, this clinic will introduce your child to match play and tournament play. Clinics will be on a modified court, use a shorter racquet (25 inches), and uses a soft ball (orange).

000 0.01							
Age(s)	Days(s)	Date(s)	Times	Location			
9–12	MTWR	9/5 to 11/17	4:15–5:15 p.m.	YTC			
Fees:	\$35 one practice/week/session						
\$50 two practices/week/session							
Contac	t: Francois E	Bosman fbosmar	n@auburnalabama.or	g • (334) 501–2922			

12–17 YEAR OLD TENNIS

Clinic is for all juniors just starting out playing tennis (no tennis experience) and for all juniors looking to improve their tennis skills. Your child will work on different techniques that will improve their tennis skills and fitness. Your child will become familiar with the tennis racquet, yellow tennis balls, and court positions. Through different organized activities, your child will work on ball control while rallying with other juniors. Your child will be introduced to point play and match play. Clinics will be on a full size court, use a standard size racquet (27 inches), and play with Green Dot and Yellow tennis balls.

racquet	racquet (27 inches), and play with Green Dot and Yellow tennis balls.					
Age(s)	Days(s)	Date(s)	Time	Location		
12–17	MTWR	9/5 to 11/17	5:15–6:15 p.m.	YTC		
Fees:	\$35 one practice/week/session \$50 two practices/week/session					
	\$60 three practices/week/session \$70 four practices/week/session					
Contac	t: Francois E	Bosman fbosmar	n@auburnalabama.or	rg • (334) 501–2922		



ADULT MORNING BEGINNER TO 2.0 TENNIS

This clinic provides tennis opportunities for players of all skill levels. You will learn the game of tennis through tennis drills and organized activities. You will learn tennis strategies and court positions while playing in point situations. You will have the opportunity to play tennis, have fun, and fall in love with the sport of tennis. NOTE: Friday's clinic will include match play

Age(s)	Days(s)	Date(s)	Time(s)	Location		
19+	TRF	9/5 to 11/17	9–10 a.m.	YTC		
Fees:	\$35 one p	oractice a week	/session			
	\$50 two practices a week/session					
	\$70 three practices a week/session					
Contac	t: Francois E	Bosman fbosmai	n@aubumalabama	a.org • (334) 501–2922		

ADULT MORNING 2.5 TENNIS TO 3.0

This clinic is for adults that have some playing experience and are looking to improve their tennis skills. You will learn the game through tennis drills and organized activities. You will learn tennis strategies and court positions while playing in point situations. ONE year of tennis experience is required.

Age(s)	Days(s)	Date(s)	Time(s)	Location	
19+	MW	9/5 to 11/17	9–10 a.m.	YTC	
Fees:	\$35 one practice a week/session				
	\$50 two p	ractices a weel	<th></th>		
Contac	+ Francois F	Roeman fhoemar	n@auburnalabam	a ora • (334) 501 2022	

Contact: Francois Bosman fbosman@auburnalabama.org • (334) 501–2922

ADULT MORNING INTERMEDIATE 3.0 AND ABOVE TENNIS

This clinic is for adults that have some playing experience and are looking to improve their tennis skills. You will learn the game of tennis through tennis drills and organized activities. You will learn tennis strategies and court positions while playing in point situations. You will have the opportunity to play tennis, have fun, and improve on your tennis game. Note: One year of tennis experience is required.

Age(s)	Days(s)	Date(s)	Time(s)	Location			
19+	TR	9/5 to 11/17	10am–11am	YTC			
Fees:	\$35 one practice a week/session						
\$50 two practices a week/session							
Contac	t: Francois F	Rosman fbosmar	Contact: François Bosman (bosman@auburnalabama.org • (334) 501–2922				

ADULT CARDIO AM TENNIS

This clinic is for those tennis players that want to get out of the gym and onto the tennis court. You will be playing tennis to music while getting a fun filled cardio fitness workout. NOTE: This clinic is not for beginners and there will be limited stroke instruction.

Age(s)	Days(s)	Date(s)	Time(s)	Location
19+	MWF	9/5 to 11/17	8am–9am.	YTC
Fees: \$35 for 4 clinics; \$50 for 8 clinics \$70 for 12 clinics				
Contac	t: Francois E	Bosman fbosmar	n@auburnalabam	a.org • (334) 501–2922

ADULT PM 3.0 AND ABOVE TENNIS

This clinic is for adults that have some playing experience and are looking to improve their tennis skills. You will learn the game of tennis through tennis drills and organized activities. You will learn tennis strategies and court positions while playing in point situations. You will have the opportunity to play tennis, have fun, and improve on your tennis game. Note: One year of tennis experience is required.

Age(s)	Days(s)	Date(s)	Time(s)	Location		
19+	MW	9/5 to 11/17	6:30–7:30 p.m.	YTC		
Fees:	Fees: \$35 / one practice a week \$50 / two practices a week					
Contac	Contact: Francois Bosman fbosman@auburnalabama.org • (334) 501–2922					

ADULT PM BEGINNER TO 2.5 TENNIS

This clinic provides tennis opportunities for those adults that have never played tennis or are still novice. You will work on techniques that will introduce the different tennis skills needed to play the game of tennis. You will become familiar with the tennis racquet, tennis balls, and court positions. Through different tennis drills and organized activities, you will learn ball control and will be able to rally with other adults. You will have the opportunity to learn, have fun, and fall in love with the sport of tennis.

Age(s)	Days(s)	Date(s)	Time(s)	Location	
19+	TR	9/5 to 11/17	6:30–7:30 p.m.	YTC	
Fees One day a week for session: \$35 Two days a week for session: \$50					
Contac	t: Francois B	osman fbosmar	@aubumalabama.org	g • (334) 501–2922	

PRIVATE TENNIS INSTRUCTION

Yarbrough Tennis Center offers individual, semi-private, group, and team lessons for those who would like more individualized attention.

Fee:	See Instru	ctor		
Age(s)	Days(s)	Date(s)	Time(s)	Location
All	By appt	9/5 to 11/17	By appt	YTC
Please c	complete the	e private tennis	request form o	n myrec.com
Contac	t: Francois E	Bosman fbosmar	n@aubumalabar	na.org • (334) 501–2922

ADULT ATHLETICS

ADULT 7X7 FALL SOCCER

- Online registration will be August 21 September 1 www.auburnalabama.org
- All players must be 18 years old on or before their first game.

League games will be played at the Wire Road Soccer Complex (2340 Wire Rd) on Monday & Thursday nights beginning as early as 7:45pm (Game Nights/Times are subject to change). Games start September 18, and the season should be done in mid-November. Planning to have a 12-game season concluding with a single elimination tournament. **\$600/team.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
18+	M,R	9/15–11/15	6:30–8:30 p.m.	WSC
Contac	t: Jason Bu	urnett • (334) 50	1–2943 • jburnett@a	uburnalabama.org

WOMEN'S PICK-UP LEAGUE

- Online registration will be August 21 September 1 www.auburnalabama.org
- All players must be 18 years old on or before their first game.

At the Wire Road Soccer Complex, 2340 Wire Road. Pick-up play will be Monday and Thursday nights, 7:30-8:30pm. This is not an actual league, just pick-up. **\$20/player.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
18+	MR	9/4–11/30	7:30–8:30 p.m.	WSC
Contac	t: Jason Bu	urnett • (334) 50)1–2943 • jburnett@a	uburnalabama.org

INTERMEDIATE/ADVANCED CO-ED VOLLEYBALL

Intermediate to advanced adult (19+) volleyball on Tuesdays and Thursdays. FREE.

Age(s)	Day(s)	Date(s)	Time(s)	Location	
19+	T, R	9/5–10/31	6:30–8:30 p.m.	FBRC	
Contact: Harris Anne Walker, Christopher Graves, Dennis LeBleu •					
	(334) 45	2–0256 • harri	isanne.w@gmail.com		

ALL ABOUT SHOWERS

Throw Mom-to-be a gathering of friends and family to help her get ready for her new arrival. We can help with decorations, serving ware and set up . Shower cost includes: 2-hour time slot, decorations and serving ware. Custom decorations can be added for an extra fee. **\$150**.

	Days(s)		Time(s)	Location
19+	Varies	9/1-11/25	Varies	FBRC
Contac	t: John Th	omas • (334) 3	334-444-6472	• jttv24@gmail.com

A BALL OF A PARTY

Do you have a child who loves basketball? Let us throw a basketball party. Coach John Thomas, who played international basketball for 15+ years , will be there to help pull off a memorable party and game. Package includes: a 2-hour time slot , decorations , serving ware and set up. Referee, custom décor, and activities can be added for additional fees.

\$150.	\$40 addit	ional fee fo	r referee. \$50	additional fee for
custo	m decorati	ions. \$50 fo	r organized ac	tivities.
Age(s)	Days(s)	Date(s)	Time(s)	Location
Q .		0/2 11/26	1 6n m	ERDO

8+	SA, SU	9/2-11/26	1–6p.m.	FBRC
Conta	act: John Th	omas • (334) 3	334-444-6472	• jttv24@gmail.com

CERAMICS INDEPENDENT STUDIO FOR ADULTS

Individuals who have had experience in ceramics and pottery and meet the Independent Studio membership requirements may work in the studio independently during center hours once obtaining approval from studio director and registering. The Dean Road Ceramics Studio is located at 307 S. Dean Road in the Dean Road Recreation Center. Enjoy working in our studio which offers opportunities to hand-build ceramics and throw on our potter's wheels. A selection of clay will be available for purchase with glaze and firing fees calculated into the cost. Clay is \$40/box and must be bought through MyRec. All Independent Studio Members will be required to sign into the studio each day, aid in keeping the studio clean, and adhere to the policies stated in the member contract. Studio hours are subject to change based on the schedule of classes offered by the studio. **\$80.**

Ages	Day	Dates	Time	Location	
18+	M–F	9/1–11/30	8 a.m.–5 p.m.	DRRC	
Conta	ct: Emillie	e Dombrowski • (;	334)501–2944 • e	dombrowski@auburn;	alabama.org

INDEPENDENT STUDIO MEMBERSHIP REQUIREMENTS

Any person interested in becoming an independent studio member of the Dean Road Ceramics Studio must meet one of the following three criteria:

• Taken a minimum of two classes at the Dean Road Ceramic Studio within the past two calendar years. One of the two classes must be a throwing class. Only classes that are 7 weeks in length or longer count towards independent membership.

- Completed 16 hours of private lessons with a Dean Road Ceramics Studio Instructor and one ceramic throwing class or 32 hours of private lessons with a Dean Road Ceramics Studio Instructor.
- Have comparable professional experience or completed a ceramics degree in the last five years.

If the above requirements are met, an interview and studio tour can be scheduled with the studio director to decide independent membership status. Once given permission by the ceramic's studio director, members can register for independent membership at the Harris Center administrative offices. IF THE ABOVE REQUIREMENTS ARE NOT MET, an interview and studio tour can be scheduled with the studio director to decide possible Independent Studio membership status. Examples of work and experience must be presented. Once given permission they may register. For further questions please contact Art Education Specialist Emillie Dombrowski at edombrowski@auburnalabama.org or call (334) 501–2944.

BUILDING CONFIDENCE: EXTENDING THROWING SKILLS

This class is designed for the aspiring potter who has taken a beginning, wheel class and desires further instruction on mastering consistent, centering, pulling level cylinders and bowls, as well as tackling new, challenges like trimming, attaching handles, bowl embellishments and, throwing new forms. While these rudimentary skills will be the goal of the class, we will also focus on building the confidence, muscle memory and, strength necessary to throw successfully on the wheel. During the duration, of the class, participants will be able to come to the studio to practice new techniques on, the wheel. Class instruction includes glaze techniques, and your creations, will be fired in studio kilns. Clay, glazes, and kiln firings are included in the materials fee, and basic tools and water buckets are available in the studio, for class use. This is NOT a beginner level class. Recent prior instruction, on the wheel is required.

\$160(\$40 Material Fee, \$120 Class fee)						
Ages	Day	Dates	Time	Location		
18+	R	9/7-11/2	5:00p.m7:0	0 p.m. DRRC		
Conta	ct: Amy k	Kaiser • (334) 82 ⁻	1–0916 • amyek	aiser@gmail.com		

FOUNDATIONS IN WHEEL-THROWN POTTERY WITH ANNIKA

Whether it is your first time around or you are taking another spin, this beginner-level course will cover fundamental techniques for throwing vessels on the wheel. We will focus on creating table-ready bowls and

COME AND SLING SOME MUD WITH US!

The Ceramics Studio is here for you! Inventive classes will be offered this fall and independent studio memberships are available. Come by and look at our innovative studio space which includes pottery wheels, a stainless-steel extruder, a slab roller, commercial–grade kilns, and a selection of hand mixed glazes. We offer wheel–throwing and hand building classes for all ages. If you are interested in teaching classes or have any questions about the studio, please contact Emillie Dombrowski, Art education Specialist, at (334)501–2944 or edombrowski@auburnalabama.org.

cups, exploring different shapes as confidence grows. Throughout the course, you will also have access to the Dean Road Ceramics facilities to practice on a wheel during open studio hours. (Please note there is a break on 10/17 to accommodate the firing schedule before our final glazing session.) Kindly confirm that you can attend all seven class sessions before overfling.

enrolling	enrolling. \$140 (\$105 Class fee, \$35 Materials fee).						
Ages	Day	Dates	Time	Location			
17+	Т	9/5–10/24	5:30p.m8	:00 p.m. DRRC			
Contac	st: Annika	a Martinez–Lee •	(334) 501–294	44 •			
	elementalartcraft@hotmail.com						

GERAMICS

MIXED LEVEL MINI COURSE: EXPLORATIONS IN WHEEL-THROWN POTTERY

Whether you are a total newbie or a returning wheel-thrown enthusiast, set aside Tuesday mornings for this mixed level short course! Bring your curiosity and a playful spirit as we inspire and encourage one another! This supportive, small-group session covers basic wheel technique, foundational vocabulary, tools, and tips needed to thrive in this fun and satisfying art form! (Please note that there is a break on 11/21 to accommodate the firing schedule before our glazing session.) In each meeting we will cover new material, so kindly make certain that you can attend all four class sessions before enrolling.**\$80 (\$60 Class fee, \$20 Materials Fee).**

Ages	Day	Dates	Time	Location		
17+	Т	10/31–11/2	28 9:30a.mNoon	DRRC		
Conta	Contact: Annika Martinez–Lee • (334) 501–2944 •					
	elemei	ntalartcraft@ho	tmail.com			

HAND BUILDING PUMPKINS AND FALL LEAVES--OH MY!

Create your own pumpkin patch from the basic design of these hand-built pumpkins. Once you learn the basic technique you can personalize with names, add faces by carving or painting or make enough elegant white pumpkins for a tablescape! It is up to you! We will also press leaves into clay slabs for Autumn texture and make serving and decorative pieces. You are only

limited to	o your imaq	gination! \$144 (\$	110 Class fee, S	\$34 Materials Fee).
Ages	Day	Dates	Time	Location
18+	W	9/6-10/11	10:30a.m.–1:0	00 p.m. DRRC
Conta	ct: Jacqu	eline McDonoug	h • (770)–715–17	741 •
	adylov	esgrits@hotmail.	com	

THANKSGIVING CENTERPIECE WORKSHOP

Need a centerpiece to add a special 'flair' to your table this Thanksgiving Holiday? Come join me in this 2–day workshop as we create a decorative centerpiece using clay Hand Building techniques. No experience

necessary! \$65(\$50 Class fee, \$15 Materials Fee).						
Ages	Day	Dates	Time	Location		
12+	WΤ	11/8–11/9	5:30p.m7:30	0 p.m. DRRC		
Contact: Romona Brisco • (334)-703-6140						

HUMAN SCULPTING-THE HUMAN HEAD

Come join me as we learn how to sculpt a small-medium sized human head out of clay! This course is designed to help students learn how to use an armature to build and sculpt the human head and all its facial features using slabs and coils of clay (the neck will be the base to hold the head). Please note that although this sculpture will be designed to be hollow, it may take up to 3 weeks to dry. We will be using low-fire clay and finish with underglazes and a low-fire clear glaze. No experience necessary! **\$120 (\$100 class fee, \$20 materials fee).**

Ages	Day	Dates	Time	Location			
15+	Т	9/5–10/10	5:30p.m.–7:30p.m.	DRRC			
Conta	Contact: Romona Brisco • (334)–703–6140						

PRIVATE AND SEMI-PRIVATE CERAMICS LESSONS

Private instruction for one on one, or semi-private lessons for a small group of participants. These lessons are geared towards individuals wanting to learn and create assorted items with clay. Learn wheel throwing or hand building along with glazing and decorating techniques! To be eligible for ceramic private lessons please register. Once we have your contact information, we will gather more information about dates and times. You will then be invoiced through the MyRec website. No experience necessary. **\$25 Hourly Fee**

+ \$15 Materials Fee (per person) per two-hour session.	
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Ages	Day	Dates	Time	Location	
7+	Per Req.	9/1–11/30	5:30p.m.–7:30p.m.	DRRC	
Contact: Romona Brisco • (334)–703–6140					

BOTTLES AND JUGS

Come join us as we create a bottle and jug in clay! After creating these items, we will add texture and/or add semi-realistic facial features. Students must be able to throw up to at least 2 pounds of clay and create cylinders at least 6 inches tall. These items will be functional and can be used to enhance the feng shui of any space. The instructor will not aid in helping to center, open, or pull clay. Students will be shown how to shape the cylinders into a bottle and/or jug, add handles(optional), and how to add texture/facial features. Come and have fun! Previous wheel throwing experience is necessary. **\$120 (\$20 Materials fee, \$100 Class fee)**

Ages	Day	Dates	Time	Location	
18+	Т	10/17–11/7	5:30p.m.–7:30 p	o.m. DRRC	
Contact: Romona Brisco • (334)–703–6140					

HAND BUILDING AND SURFACE TECHNIQUES WITH MARIA

Curious about pottery? Join our studio and become familiar with hand building and surface decoration techniques., This is a class for beginners and more advanced students willing to explore hand building and decoration techniques in the design of plates, serving dishes, cups, etc. In addition to creating one-of-a-kind hand building work, students will also enjoy learning various surface decoration techniques to add flair to any piece of art! You do not need to have any ceramic skills since this class will accommodate both beginners and more experienced students. Clay, glazes, and kiln firing costs are included in the material fee, and essential tools are available in the ceramic studio. Come and have fun!

\$170 (\$130 Class Fee, \$40 Materials Fee)

Ages	Day	Dates	Time	Location
13+	Μ	9/11–10/30	6–8:30 p.m.	DRRC
Conta	ct: Maria	Auad • (334)-66	3–8292 • lujanaua	d@gmail.com

CHRISTMAS DECORATIONS

Need a one-of-a-kind gift or Christmas decoration (e.g., a wreath or sculpted ornament)? Join me as we use Hand Building techniques to create unique pieces in this 2-day workshop! Bringing ideas are optional.

No expe Ages	erience ne Dav	cessary! \$65(\$5 Dates	50 class fee, \$ Time	15 materials fee). Location
12+	W, R	11/15–11/16		DRRC
Conta	ct: Romor	na Brisco • (334)-	-703–6140	

HIP HOP DANCE CLASSES

What better way to build Confidence than dancing?! In our high–energy Hip–Hop Dance class, we will focus on learning the basics and technique of what Hip Hop consist of, while having a blast doing so and making new friends along the way. **\$45/Month.**

Age(s)	Day(s)	Date(s)	Time	Location
3+	R	9/7-12/14	5:30p.m.–7:3	0 p.m. FBRC
Contac	t: Ebony F	enn • (813)–84	48–9024	

SQUARE DANCE WITH THE VILLAGE SQUARES

Have fun dancing with caller Larry Belcher and the Auburn Village Squares. Our dance program includes mainstream and plus square dancing and line dancing. Both couples and singles are welcome. The program meets on Mondays except when cancelled due to closings. Participants must have completed a square dance class or be experienced dancers. For more information, please visit our webpage: www.villagesquares.alan-reed.com .**FREE.**

Age(s)	Day(s)	Date(s)	Time	Location			
18+	М	9/11–11/27	6:15–8:45 p.m.	HC			
Contac	Contact: Bob and Marcia Locy • (334) 887–2898 • locyrob@gmail.						
com							

AUBURN UNIVERSITY SWING DANCE ASSOCIATION (AUSDA)

Interested in learning how to swing dance? AUSDA hosts FREE beginner and intermediate swing dance lessons. Lessons are from 7–8 pm and social dancing is from 8–9 pm. Don't have any dance experience? Don't worry we have you covered. Our beginner lessons are designed to teach you from the ground up so we will have you dancing the night away in no time. Don't have a partner? We rotate partners often throughout our lessons to provide the best learning environment and allows our students to meet everyone in the lesson, so while you are more than welcome to bring a partner, partners are not required. What do I wear? Wear something you

LOW IMPACT CARDIO-SCULPT CLASS

This class is led by a certified fitness instructor and designed to give maximum cardiovascular benefits with little stress on the joints. Muscle building and strengthening exercises are incorporated with low-impact cardio movements designed to tone muscles and increase cardiovascular endurance. This workout also includes balance and stretching exercises, which we need as we age. Please bring an exercise mat (example: yoga mat). Lightweights (no more than 2–3–pound handheld weights, soup cans, water bottles, etc.) are encouraged but not mandatory. Participants are encouraged to modify and work out at his/her own pace and modifications are shown by the instructor. **FREE.**

Age(s)	Day(s)	Date(s)	Time	Location			
50+	TR	9/5–11/30	10–10:45 a.m.	FBRC			
Conta	Contact: Valerie Carson • (334) 740–8988 • valeriecarson@knology.net						

REFIT

REFIT is a cardio dance program that engages the whole person: body, mind, and soul. This community centered program focuses on building relationships as well as endurance. In this hour-long fitness class, participants will find easy to learn movements, inspiring and Christian based music, and a family friendly environment for all ages. REFIT is fitness for ALL. We welcome experts and we embrace beginners. This ISNT fitness for the fittest, this is fitness for the WILLING. **FREE**.

Age(s)	Day(s)	Dates(s)	Time(s)	Location
16+	Т	9/5–11/28	6:45p.m.–7:45 p.m.	FBRC
Contac	t: Kelsey N	∕loore • kelsey	cmoore@gmail.com	

are comfortable in. Ladies, if you wear a skirt or a dress be coconscious that the turns, we do will make the skirt billow. As for shoes, wear closed toe shoes (Not flip-flops or sandals). No special shoes are needed. **FREE.**

Age(s)	Day(s)	Date(s)	Time	Location
16+	F	8/25–12/01	7–9 p.m.	HC
Contac	t : Chris C)lds • (334) 246	–1124 • oldschr	@auburn.edu

ADVANCED SQUARE DANCING WITH THE VILLAGE A'S

For those who have completed the Mainstream and Plus levels of square dancing and have become highly proficient at dancing those levels. We begin with teaching of the A1 level and then the A2 level will follow thereafter. We take our time teaching and explaining each call then walk thru the call and dance it until all are proficient at dancing that call. We build on each call each week as we are dancing. After all calls are taught, we will just continue dancing. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
15+	R	9/7–11/30	2:15p.m.–4:45	p.m. HC
Contac	:t: Larry Be	elcher • caller4	u@gmail.com	

ARGENTINE TANGO PRACTICUM

Join us to dance the most beautiful, elegant, and sensual dance in the world, the Argentine Tango. Tango is drama, passion and romance, a dance of connection and dialogue between partners. Tango is not a series of memorized steps, nor a dance that merely promotes mechanical reactions; rather it is a dance of improvisation where both partners must listen to the music and, more importantly, listen to each other. Members of this group have been dancing the Argentine Tango for at least ten years and are happy to share their tango skills. **FREE.**

Age(s)	Day(s)	Date(s)	Time	Location	
18+	R	9/7–11/30	6:45–8:45 p.m.	FBRC	
Contact: Sergio Ruiz Córdova • (334) 444–2857 • ruizcor@auburn.					
	edu • gi	reentia@live.co	m		

TAI CHI

Tai chi is a low-impact form of exercise involving slow, or little, movement with a focus on body positioning, balance, posture, and relaxation. Regular practice of tai chi increases flexibility, muscle strength, and bone mineral density. Taichi promotes health and mobility through slow movements and prolonged deep breathing. It is also a martial art with practical selfdefense applications. It can be practiced alone or with others requires

Age(s)	Day(s)	Date(s)	Time	Location
14+	W,R	9/6-11/30	10–11a.m.	HC

LOW IMPACT STRENGTH & STRETCH

30 minutes of each–Low impact/Strength Training/Stretching and Relaxation. A quick, complete 1 1/2–hour class (you can take just 30 min) that addresses cardiovascular fitness, increasing metabolic rate, increasing muscle mass, and reducing body fat, increasing bone density, and reducing low back and arthritis pain. You may also sleep better and feel more relaxed. A Certified Personal Trainer, Group Fitness Instructor, and Wellness Coach teach this class. We begin with cardio exercises to music, the next 30 minutes include strength training for all major muscle groups, and we finish with stretching and relaxation. Beginners are warmly welcomed by this class. You are encouraged to bring weights and a mat if you have them. Otherwise, equipment will be provided \$61.0 fease.

provided. \$57 Class, \$407 Month, \$1007full quarter						
Age(s)	Day(s)	Dates(s)	Time(s)	Location		
16+	MWF	9/1–11/30	9 a.m.–11 a.m.	FBRC		
Contac	st: Lisa Ga	llagher • (334) 1	703–9343 • lisagalC)725@gmail.com		

ZUMBA WITH ALLISON

Zumba is a dance-fitness program combining all elements for a total body workout, cardio, muscle conditioning, balance, and flexibility. It is an hour cardio burn set to Latin fusion and international dance music. Classes are easy to follow, fun, and ongoing so jump in at any time! \$5/

Class, \$40/10 class visits or \$110/Quarter.						
Age(s)	Day(s)	Date(s)	Time(s)	Location		
16+	TR	9/5–11/30	5:30–6:30 p.m.	FBRC		
Contac	Contact: Allison Kesler • (334) 663–4198 • alikatekesler@yahoo.com					

WEIGHT MACHINE BASICS

Take care of your body by learning how to use constant resistance machines (weight machines) to strengthen your muscles and bones for long-term physical health. This class is led by a certified personal trainer and will focus on proper technique and safety. The class is limited to one person per class time, so only register if you can come to all classes in the session. Note: Participants will only be allowed to register for one session. The class is FREE TO THE PUBLIC, but a \$30 Lifetime Fitness Center pass/waiver is needed to attend.

Age(s)	Day(s)	Date(s)	Time(s)	Location
18+	TR	9/19–10/5	11 a.m.–11:45 a.m.	FBRC
18+	TR	9/19–10/5	12 p.m.–12:45 p.m.	FBRC
18+	TR	10/10–10/26	11 a.m.–11:45 a.m.	FBRC
18+	TR	10/10-10/26	12 p.m.–12:45 p.m.	FBRC
18+	TR	10/31–11/16	11 a.m.–11:45 a.m.	FBRC
18+	TR	10/31–11/16	12 p.m.–12:45 p.m.	FBRC
Contac	t: Valerie F	etsch • vfetsch	@auburnalabama.org	

BE FAB (BE FLEXIBLE & BALANCED)

Be FAB (Flexible and Balanced)-Feel better and more confident by improving your balance and stretching your muscles safely for longterm physical health. This class is led by a certified personal trainer and focuses on proper technique and safety. Please bring an exercise mat or towel for floor work. Exercise modifications can be made, including sitting in a chair for floor work, if needed. You are encouraged to come as many days as you can each week for the best results. FREE.

Age(s)	Day(s)	Dates(s)	Time(s)	Location
18+	MTWRF	9/18–11/30*	1 pm–1:45 p.m.	FBRC
	No class	11/20-24/23	3	
Contac	t: Valerie F	etsch • vfetsch	@auburnalabama.or	'n

ART FOR HOMESCHOOLERS

These classes, under the sponsorship and support of the Auburn Arts Association, are divided into two age groups to allow for age-appropriate art experiences. Fees cover instruction and all supplies and materials. Please register in advance of the first day of classes. \$85/first child; \$80/each additional sibling.

Group 1 | Art Explorers

Join us in learning about artists and art techniques as you explore a variety of art media and develop your own artistic style. Classes are organized around themes that highlight the basic elements of art. In the past, some of these themes have been "Loads of Landscapes," "Fin and Feather,"



SAMATHA MEDITATION

Samatha means calm. Samatha meditation is an effective, but gentle, way of training the mind to develop inner strength and freedom from turmoil, leading on to clarity and understanding. All are welcome, especially beginners. Please bring a cushion to sit on. FREE.

Age(s)	Day(s)	Date(s)	Time(s)	Location
19+	TR	9/4-11/27	11a.m.–12:30 p.m.	FBRC
Contac	:t: Thomas	Lockhart • (60)5) 906–6370 • lockha	artt@gmail.com

ISTROLL KIDS

iStroll Kids, iStroll Kids is a 30-minute parent/caregiver involved kid workout. This workout is geared towards kids learning the value of working out in a fun family environment. This program offers games to join in while learning the value of exercise. \$5 per class/ \$4 for each additional child/\$50 per child for entire guarter.

Age(s)	Day(s)	Date(s)	Time(s)	Location
2–10	Т	9/1–11/30	11:30 a.m.–Noon	DRRC
Contac	t: Heather	Harper and Ca	arla McBride • (334) 5	i90–2855 •
	istrollauk	ournopelika@gr	mail.com	

ISTROLL

iStroll is the ultimate 60-minute workout that incorporates running, body weight, dumbbells, resistance bands and of course a jogging stroller! Parents and caregivers get a full body workout while kids stay moving, all in a supportive community. All fitness levels are invited to join, including prenatal. Bring a mat, water bottle, and stroller (if you like). All kids are welcome. \$8/class. \$50/month. \$35/5 class pass. \$70/10 class nass

0.400 p						
Age(s)	Day(s)	Date(s)	Time(s)	Location		
All	MTRF	9/1–11/30	10–11 a.m.	Varies Weekly		
Contact: Heather Harper and Carla McBride • (334) 590–2855 •						
istrollauburnopelika@gmail.com						



"Make Yourself at Home," and "The Shape of Things." Please register in advance of the first day of class.

Age(s)	Day(s)	Date(s)	Time	Location
6–9	R	9/7-10/26	9:00a.m1:0	0 a.m. DRRC
Contac	:t: Amy Kai	ser • (334) 821	–0916 • amyek	kaiser@gmail.com

Group 2 | Art Adventures

This class is designed for the young artist ready to meet art challenges at the intermediate level. Students will take a step further into developing a creative style while exploring a variety of artists, styles, techniques, and media,

Age(s)	Day(s)	Date(s)	Time L	ocation
10–15	R	9/7–10/26	9:00a.m.–11:00 a.m.	DRRC
Contac	t: Laura Kl	obera • (334) 3	332–5458 • aura57@val	noo.com



DISCOVERY HIKES AND NATURE WALKS

Family Discovery Hikes and Nature Walks are monthly guided hikes through the Kreher forest. <u>Family Discovery Hikes</u> offer excellent opportunities for the entire family to learn about nature and see wildlife up close, while enjoying fresh air and exercise in our beautiful outdoors. <u>Nature Walks</u> are for adults only and offer opportunities to socialize, learn, and just relax and decompress in the quiet, peaceful forest. Each month offers a different theme. Discovery Hikes and Nature Walks are free-donations are welcomed. Rescheduled in the event of rain-please watch our Facebook page for updates.

our racebook page for updates.						
Age(s)	Day(s)	Date(s)	Time(s)	Location		
Wildflo	wers					
ALL	Т	9/12	3:30 p.m.	KPNC		
Adults	R	9/14	8:30 a.m.	KPNC		
Spider	s					
ALL	Т	10/10	3:30 p.m.	KPNC		
Adults	R	10/12	8:30 a.m.	KPNC		
Deer						
ALL	Т	11/14	3:30 p.m.	KPNC		
Adults	R	11/16	8:30 a.m.	KPNC		
Contac	:t: Sarah C	rim • (334) 70	7–6512 • natureed	lucation@auburn.edu		

NATURE EXPLORERS HOMESCHOOL PROGRAM, FALL 2023

Nature Explorers Homeschool Program is an environmental education program designed for home-schooling families which offers a unique, nature-based educational experience. Classes incorporate hands-on science with nature and environmental awareness, and each concludes with a nature hike. Classes meet on the 2nd & 4th Monday of the month for 3 months, Sep-Nov, from 10:00 to 11:30 am. Each of the six classes will focus on a different topic. Nature Explorers is \$60/student (\$48 for members). A 10% discount is offered for siblings living in the same residence. Visit our website to learn more: https://aub.ie/natureexplorers.

Age(s)	Days(s)	Date(s)	Time(s)	Location
ALL	Μ	9/11, 9/25,	10–11:30 a.m.	KPNC
		10/9, 10/23,		
		11/13, & 11/27	7	
Contac	t: Sarah Cr	im • (334) 707–	6512 • natureeduca	ation@auburn.edu

TREE TOTS, FALL 2023

Tree Tots is a nature–based–play class where children, with the help of their caregivers, are encouraged to use their senses to explore their natural environment and learn together through play. Classes are loosely structured with teachers functioning as guides; asking questions to encourage wonder and allowing our tree tots to make choices throughout our journey. Classes meet Thursdays and Sundays, 9:30–11 a.m., from September 7^{th/} 10th through October 12th/15th. Registration begins August 1. Tree Tots is \$60/student (\$48 for members). A 10% discount is offered for siblings living in the same residence. Visit our website for more information: https://aub.ie/treetots.

Age(s)	Days(s)	Date(s)	Time(s)	Location	
1–3 w/C	Caregiver				
	R	9/7-10/12	9:30–11 a.m.	KPNC	
	SU	9/9–10/15	9:30–11 a.m.	KPNC	
Contac	st: Sarah Cr	im • (334) 707-	-6512 • natureeduca	ation@auburn.edu	



FOREST FRIENDS, FALL 2023

Forest Friends is an award-winning program offering a unique educational experience for pre-school children and their caregivers, incorporating hands-on activities with nature and environmental awareness. Children will learn about a different topic each week of the 6-week session. Classes meet Fridays and Sundays, 9:30-11 a.m., beginning September 8th/10th and ending October 13th/15th. Forest Friends is \$60/student (\$48 for members). A 10% discount is offered for siblings living at the same residence. Visit our website for more information: https://aub.ie/forestfriends.

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Age(s) Days(s)	Date(s)	Time(s)	Location	
3–5 w/Caregiver				
F	9/8–10/13	9:30–11 a.m.	KPNC	
3–5 w/Caregiver				
SU	9/10-10/15	9:30–11 a.m	KPNC	
Contact: Sarah Crim • (334) 707–6512 • natureeducation@auburn.edu				

AUSOME AMPHIBIANS AND REPTILES

Join the KPNC educators for a one-hour presentation on the AUsome amphibians and reptiles found in our state and beyond! Children and adults will enjoy this entertaining, hands-on program with live animals. Admission is \$5/person (\$4 for members); children 3 and under are free. Pre-registration is not required.

Age(s)	Days(s)	Date(s)	Time(s)	Location	
ALL	F	9/15	4:30–5:30 p.m.	KPNC	
ALL	F	10/27	4:30–5:30 p.m.	KPNC	
ALL	F	11/17	4:30–5:30 p.m.	KPNC	
Contac	Contact: Sarah Crim • (334) 707–6512 • natureeducation@auburn.edu				

FALL CAMP

The KPNC offers fall camps to students in grades 1 through 6 on days when schools are closed. Campers will join the KPNC naturalists outside, exploring our natural world and wildlife communities and discovering new adventures all around us. Snacks will be provided; children should bring their lunch and a refillable water bottle. Fall Camps are \$75/camper/day, with a 10% discount for siblings living in the same residence. Visit our website to learn more: https://aub.ie/fallcamp.

Age(s)	Days(s)	Date(s)	Time(s)	Location
1–6				
grades	Μ	10/16	8 a.m.–3 p.m.	KPNC
1–6				
grades	Т	10/17	8 a.m.–3 p.m.	KPNC
1–6				
grades	F	11/10	8 a.m.–3 p.m.	KPNC
Contac	t: Sarah Cr	rim • (334) 70	7–6512 • natureedud	cation@auburn

Please note the, registration for the all events at the Kreher Preserve & Nature Center (KPNC) are coordinated by KPNC staff. Please visit auburn.edu/preserve or call (334) 707–6512 for more information. All program and event fees help fund the nature center operations.

IN THE GARDEN WITH CINDI: FALL CONTAINER GARDENING

In The Garden With Cyndi is a fun, casual gardening class for adults where you get to learn tips and tricks, get your hands dirty, and get expert advice on a myriad of gardening techniques and best practices. Cyndi Czerkawski is an experienced gardener and educator. She has spent years accumulating knowledge about gardening and is ready to pass that on to you! Visit our website for more information: https://aub.ie/inthegarden.

Age(s)	Days(s)	Date(s)	Time(s)	Location
18+	SU	TBD	1–4 p.m.	KPNC
Contac	,	zerkawski • (334) 844–8091 •	

natureeducation@auburn.edu

HALLOWEEN ENCHANTED FOREST

Experience the trails like you've never seen them before, enchanted with forest creatures who are ready to tell you about their life in the Kreher woods. Children are invited to wear their costumes and enjoy some early Halloween fun! Pumpkin bowling, a campfire, fortune telling, and face painting will be available! S'mores kits and drinks will be available for purchase. Tickets are \$10/person; children 2 and under are free. Cancelled or postponed in the event of rain–please watch our Facebook page for updates.

Age(s)	Days(s)	Date(s)	Time(s)	Location		
ALL	R	10/19	5:30–7 p.m.	KPNC		
ALL	F	10/20	5:30–7 p.m.	KPNC		
ALL	SA	10/21	5:30–7 p.m.	KPNC		
Contac	t: Sarah Cr	rim • (334) 70	7–6512 • natureedu	ucation@auburn.edu		

YOSHUKAI KARATE-BASIC CHILDREN'S CLASS

Karate is a martial art that emphasizes self-confidence, self-discipline, respect, and physical fitness. The primary focus of this class is coordination, physical fitness, listening skills, focus on activities. We teach the basics of karate: strikes, blocks, and kicks. We may begin teaching kata, the basis for practicing all techniques. Students will be performing exercise drills and sparring techniques on heavy bags and various striking pads. **\$150/quarter. \$40/New uniform fee payable to instructor for new students.**

Age(s)	Day(s)	Date(s)	Time(s)	Location			
5–12	T,R	9/5–11/30*	6–6:45 p.m.	DRRC			
*Will not	meet on 11	/23					
Contac	Contact: Jim Robertson ● (334) 703–2402						

YOSHUKAI KARATE-ADVANCED CHILDREN'S CLASS

Karate is a martial art that emphasizes self-confidence, self-discipline, respect, and physical fitness. This class teaches basic strikes, blocks, and kicks. We also begin teaching kata, the basis for practicing all karate techniques. As students progress, we teach advanced strikes, blocks, kicks, self-defense, and traditional weapons use. Optional additional activities, tournament sparring, and self-defense fighting are in a controlled environment. **\$150/guarter. \$40/New uniform fee**

payable to instructor for new students.				
Age(s)	Day(s)	Date(s)	Time(s)	Location

8–12 T,R	9/5–11/30*	6:45–7:45 p.m.	DRRC			
*Will not meet on 11/23						
Contact: Jim Robertson • (334) 703–2402						

NATURE NIGHTMARES

Nature Nightmares is a haunted hike through the pitch–black forest of the KPNC–a hike like you've never experienced before. With evil creatures lurking in the shadows and frightening entities waiting for wary visitors, we dare you to come and conquer the darkness! Tickets are \$10 per person; must be 13 years of age or older. Tickets are available for purchase ON SITE ONLY and cannot be reserved or preordered (an entire time slot may be purchased for \$200). This event will be postponed or cancelled in the event of inclement weather–please watch our Facebook page for updates.

Age(s) Days(s)	Date(s)	Time(s)	Location
13 & up F	10/27	8:30–11 p.m.	KPNC
13 & up SA	10/28	8:30–11 p.m.	KPNC
Contact: Sarah (Drim • (334) 70)7–6512 • natureedu	cation@auburn.edu

IN THE GARDEN WITH CINDI: FARM TO TABLE

In The Garden With Cyndi is a fun, casual gardening class for adults where you get to learn tips and tricks, get your hands dirty, and get expert advice on a myriad of gardening techniques and best practices. Cyndi Czerkawski is an experienced gardener and educator. She has spent years accumulating knowledge about gardening and is ready to pass that on to you! Visit our website for more information: https://aub.ie/inthegarden.

Age(s)	Days(s)	Date(s)	Time(s)	Location	
18+	SU	TBD	11 a.m.–1 p.m.	KPNC	
Contact: Cyndi Czerkawski • (334) 844–8091 •					
natureeducation@auburn.edu					

YOSHUKAI KARATE-TEENS/ ADULTS

Karate is a martial art that emphasizes self-confidence, self-discipline, respect, and physical fitness. This class teaches basic strikes, blocks, and kicks. As students progress, we teach advanced strikes, blocks, kicks, kata (the basis for practicing all martial arts techniques), self-defense, and traditional weapons use. Optional additional activities, tournament sparring, and self-defense fighting are in a controlled environment.

\$150/quarter. \$40/New uniform fee payable to instructor for new students.

Age(s)	Day(s)	Date(s)	Time(s)	Location		
12+	T, R	9/5–11/30*	7:45–9:15 p.m.	DRRC		
*Will not meet on 11/23						
Contact: Jim Robertson • (334) 703–2402						

KENDO CLASS

Kendo is traditional Japanese martial arts that arose from the samurai, or warrior in feudal Japan, fighting with bamboo 'swords'. Kendo players wear protective gear like armor. Kendo differs from many other sports. Heir to the traditional spirit of martial arts, kendo is not solely about winning but also respects good manners and nurtures a strong spirit. **\$50/Month**

Age(s)	Day(s)	Date(s)	Time(s)	Location		
8+	T, R	9/1–11/30	7–9 p.m.	HC		
SA 2 nd 8	. 4th 9/1–11	/30	10 a.m.–12 p.m.	FBRC		
Contact: Seonghoon Kim • (706) 505-8048						

MUSIC

AUBURN UNIVERSITY MUSIC PROJECT-BEGINNER STRINGS

The Auburn University Music Project program aims to provide private and beginner group lessons on orchestral string instruments to local students as well as practical hands–on training for Auburn University music and music education undergraduates. The Beginner Strings class is for those students who have never played an orchestral string instrument. For more information, please visit: https://aub.ie/aump or contact Dr. Harrison at gharrison@auburn.edu. **\$150.**

Age(s)	Day(s)	Date(s)	Time	Location
3 rd +	Т	8/22-11/28	4–5:30 p.m.	HC
Perform	mance			
	R	11/30	6 p.m.	TBD
Contac	t: Dr. Guy	Harrison • (517)) 648–2369 • gha	rrison@auburn.edu

IAMBK AFTER-SCHOOL ENRICHMENT

IAMBK is a 501 © 3 community organization that provides after-school enrichment programs for youth and families, grades K-12, in partnership with Auburn City Schools and other local organizations. Sessions are offered by certified and specialized instructors in a variety of areas. Limited space available. **\$30/guarter.**

space avail	able. 330/qua	i tei.	
Day(s)	Date(s)	Time	Location
Therapy/	Life Manager	ment	
Μ	9/11–11/27	3:00–4:30 p.m.	FBRC
ng			
M-R	9/05–11/30	3:00–5:30 p.m.	FBRC
al Fitness	-Let's Move		
W	9/06-11/29	5:30–6:30 p.m.	FBRC
ve Dance			
Т	9/05–11/28	5:30–6:30 p.m.	FBRC
lual/Famil	y Counseling)	
By Appt.	9/05–11/30	By Appointment	TBD
Visual A	rts		
Н	9/07–11/30	5:30–6:30 pm	TBD
ct: Dr. Trellis	s Calloway • iar	nbk@ymail.com • (3	34) 728–0309 •
www.iar	nbkinc.org		
	Day(s) Therapy/ M ng M-R al Fitness W ve Dance T ual/Famil By Appt. C Visual A H ct: Dr. Trellis	Day(s) Date(s) Therapy/Life Manager M 9/11–11/27 Ing	Therapy/Life Management M 9/11–11/27 3:00–4:30 p.m. M 9/11–11/27 3:00–4:30 p.m. M 9/05–11/30 3:00–5:30 p.m. M-R 9/05–11/30 3:00–5:30 p.m. al Fitness-Let's Move! W 9/06–11/29 W 9/06–11/29 5:30–6:30 p.m. ve Dance T 9/05–11/28 T 9/05–11/30 By Appointment Lual/Family Counseling By Appt. By Appt. 9/05–11/30 By Appointment C Visual Arts H 9/07–11/30 5:30–6:30 p.m. H 9/07–11/30 5:30–6:30 p.m. (3)

AASMA-SCALE PLASTIC MODELING

Auburn Area Scale Modelers Association is a club focused on scale plastic modeling, aircraft, armor, ships, cars, and Sci-Fi models of all scales and media. There will be discussions related to building/finishing techniques and history related topics for everyone's particular to project.

Ages 12–17 may participate with a parent. FREE.					
Age(s)	Day(s)	Date(s)	Time	Location	
18+	W	9/6-11/29	6–8:30 p.m.	HC	
Contact: Matt Morgan • (334) 750–9170 • fowauburn@gmail.com					



AUBURN UNIVERSITY MUSIC PROJECT-INTERMEDIATE STRINGS

The Auburn University Music Project program aims to provide private and beginner group lessons on orchestral string instructions to local students as well as practical hands–on training for Auburn University music and music education undergraduates. The Intermediate Strings class is for those students who have completed our Beginner Strings class or have studied an orchestral string instrument for one year or more. Students in this class also receive a 30–minute, individual lesson with one of our undergraduate teaching assistants. For more information, please visit: https://aub.ie/aump or contact Dr. Harrison at gharrison@auburn.edu. **\$150.**

er een aat en nameen al ghanden eadean iedal 🗸 Teen					
Age(s)	Day(s)	Date(s)	Time	Location	
3 rd +	R	8/24–11/30	4–5:30 p.m.	HC	
Perfor	mance				
	R	11/30	6 p.m.	TBD	
Contac	t: Dr. Guy	Harrison • (517)) 648–2369 • gha	rrison@auburn.edu	

HEALTH AND WELLNESS COACHING

Do you have specific goals you are trying to accomplish regarding health, exercise, nutrition, etc., but are having a tough time reaching them? If so, this class may be for you. In a group setting, we will explore your most important goals and try to set short term goals to help you succeed. Sharing with the group is not needed but may be helpful to all in attendance. Attendance at all the sessions will help keep you accountable to meet your short–and long–term goals. This class is offered by a Health and Wellness Coach who has a BS Degree in Physical Activity and Health from AU. **FREE.**

	Day(s)	Date(s)	Time(s)	Location
18+	Т	9/19–11/14	2:15p.m.–3:15p.m.	HC
Contac	t: Valerie F	etsch • vfetsch	@auburnalabama.org	1

NUTRITION BASICS: HOLIDAY EDITION

Special Holiday Edition: Get tips for eating healthy for long-term health and weight management during the holiday months. This class is offered by a Health and Wellness Coach who has a BS Degree in Physical Activity and Health from AU. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location		
18+	R	11/2	2:30p.m3:30	D p.m. HC		
Contac	Contact: Valerie Fetsch • vfetsch@auburnalabama.org					

THE BIRTH VILLAGE CLASSES

Doulas Sarah Doyle and Laura Weldon teach a robust, six–unit childbirth preparation course, which includes preparing the mind and body for birth, the process of labor and birth, evidence–based care, how to work with your provider, comfort measures for labor, how to support the laboring person, essential preparation for the postpartum/newborn time, and more. This is a class for parents who want to be well–informed about their options. The class is designed to help prepare parents for any kind of birth, including home birth, unmedicated hospital birth, birth with an epidural, or cesarean section. The course is \$300 for each mother and the support person of their choice. Each class meeting lasts 2.5 hours. Childbirth classes are approved for reimbursement through your medical Flexible Spending Account, and some insurance policies will cover them. **\$300 per couple.**

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Age(s)	Day(s)	Date(s)	Time(s)	Location
16+	Μ	9/11–10/23	6–8:30 p.m.	HC
Contac	:t: Laura W	/eldon • (334) 5/	21–6222 • birthvilla	ageclass@gmail.
	com			
	Sarah D	oyle • (254) 723	3–7438 • sarah@jo	oyfuldoula.org
-				

AUBURN BOARD GAMES

Codemans, Just One, terraforming Mars and More! Whether you are interested in the more traditional Party/ Family board games, card games or strategy games, all are welcome. This group is open to the public regardless of experience. Be ready to learn a new game and meet new people. Feel free to bring a new game but be ready to teach the group how to play. **FREE**

Age(s) Day(s)	Date(s)	Time(s)	Location
16+	W	9/1-11/29	6–9 p.m.	FBRC
Conta	ct: George	e Ramey • (334)	703-3985 •	ramevaeorae@amail.com

AUBURN DUPLICATE BRIDGE CLUB

The Auburn Duplicate Bridge Club is an ACBL sanctioned game. It is open to anyone that enjoys the game. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
Adult	MR	9/4–11/29	12:30–4 p.m.	FBRC
	Т		6–9 p.m.	
Contac	t: Nels Ma	adsen • masde	nd@auburn.edu • (3	334)333-7464

MORNING AND AFTERNOON BRIDGE

Come and fellowship with a game of bridge every 2nd and 4th Monday morning and every 1st and 3rd Tuesday afternoon. Bridge is stimulating social and competitive sport in which all can enjoy. **FREE**.

Age	Day(s)	Date(s)	Time(s)	Location
Adults	Μ	9/4-11/27	8 a.m.–Noon	FBRC
	Т		Noon–5 p.m.	
Conta	ct: Evelvn F	3ond • (334)88	7–6093 • bondeve	@amail.com

WEDNESDAY MORNING BRIDGE

The game of bridge is a stimulating, social, and competitive sport. All ages enjoy this sport! Bridge is a great activity for seniors to take up as a hobby. Join us! Limited to twenty–four players. **FREE.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
50+	W	9/5–11/28	9 a.m.–Noon	FBRC
Contac	st: Judy W	ilhite • (334) 20	9–0494 • randj196	9@bellsouth.net

HOPLOLOGY

Through readings and discussions, this class explores several combative styles and systems spanning through time and across countries. **\$20.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
18+	F	9/1–11/30	Noon–2 p.m.	FBRC
Contac	ct: John Di	Julio • (334) 52	24–3559 • dijohnp@	@auburn.edu

AACT ACADEMY FALL CLASSES-IMPROV-IMPROVE, USING IMPROVISATION SKILLS TO BECOME A BETTER ACTOR

If this is your first-time taking part in a theater activity, or if you have been on stage many times this class is for you! We will be exploring the techniques of Improvisation. Theater and life skills will be taught and strengthened as we practice working together as an ensemble, being flexible, and learning to think on your feet. We will be using fun games and activities to accomplish these goals. November 14 at 5 p.m. is the combined class Parent Presentation. All classes will meet at 4 p.m. that day to practice and prepare. **\$80/child. Sibling discounts and need-based scholarships available. Scholarship forms and details are at auburnact.org. These classes will be held at 1047 South College Street, the building for The Church of Jesus Christ of Latter-Day Saints.**

Age(s)	Day(s)	Date(s)	Time	Location
	Т	9/5–11/14		Church of
				Jesus Christ
				of Latter–Day
				Saints
ACT I				
6–8			4–5 p.m.	
ACT II				
9–11			5–6 p.m.	
ACT III				
12–18			5–6 p.m.	
Parent p	resentatior	n will be on Nov	ember 14 at 5 p.m.	
Coordi	nator: Me	lanie Brown/AA	ACT • (334) 332–683	34 ●
	mb	orown@auburna	act.ora	



AUBURN AREA COMMUNITY THEATRE (AACT) YOUNG PERFORMERS ANNOUNCE OPEN AUDITIONS FOR THEIR FALL SHOW-WINNIE THE POOH

Winnie-The-Pooh, by A.A. Milne, adapted for the stage by Kathryn Schultz Miller and ArtReach Children's Theatre Plays, will feature Pooh, a bear of "Very Little Brain," but this production of with Pooh Bear and friends will have a lot of heart! AACT Jr. Young Performers is looking for a cast of thirty-three to present this play featuring a few of Pooh Bear's many adventures. Led by Melanie Brown as Artistic Director, each vignette will be directed by one of our carefully selected Youth Directors. Please be prepared to present some lines, "sides" for one of the characters. There will also be a dance/movement portion of the audition. Go to auburnact. org for more information including Audition tips, a character list, the lines "sides" to use for your audition and the link to sign up for a time slot. The audition sign-up link will open July 24. **These rehearsals will be held at 1047 South College Street, the building for The Church of Jesus Christ of Latter-Day Saints.**

Age(s) Day(s)	Date(s)	Time	Location
5–12			Church of
			Jesus Christ
			of Latter–Day
			Saints
Auditions:			
MT	8/14 & 8/15	4:30–6:30 p.m.	
Callbacks by In	vitation Only:		
W	8/16	4:30–7 p.m.	
Rehearsals:			
MW	8/21–10/4	4–6 p.m.	
SA	8/26-9/30	9–12 p.m.	
*No rehearsals	September 2	or September 4	for Labor Day
Weekend			
Set Build:			
SA	10/7	9 a.m.–TBD	
Tech and Dress			

10/9 & 10/10 4-7 p.m.

Director: Melanie Brown • (334) 332-6834 • mbrown@auburnact.org

MT

AUBURN AREA COMMUNITY THEATRE (AACT) JR. PERFORMERS PRESENT WINNIE THE POOH

Winnie–The–Pooh, by A.A. Milne, adapted for the stage by Kathryn Schultz Miller and ArtReach Children's Theatre Plays, will feature Pooh, a bear of "Very Little Brain," but this production of with Pooh Bear and friends will have a lot of heart! **This production will be held at 915 E. Glenn Ave., the building for Grace United Methodist Church. \$10/adults, \$8/children, students and seniors. Tickets can be bought at auburnact.org. Ticket info. line: (334) 246–1084.**

Age(s)	Day(s)	Date(s)	Time	Location
All				Grace United
				Methodist
				Church
Produc	tion:			
	WRF	10/11,10/12	,10/13 6:30 p.m).
Matine	e:			
	SA	10/14	4 p.m.	
Directo	or: Melanie	Brown • (334) 332–6834 • r	nbrown@auburnact.org

AUBURN AREA COMMUNITY THEATRE (AACT) ANNOUNCES AUDITIONS FOR THE TWISTED TALES OF POE, A STAGED DRAMA BY PHILIP GRECIAN

AACT announces open auditions for a radio drama by Philip Grecian, *The Twisted Tales of Poe.* This production collects all the best of the macabre writings of our favorite early American horror writer. Scenes will include "The Tell–Tale Heart," "The Cask of Amontillado," The Black Cat'" and of course, "The Raven." The radio drama will feature sound effects created live, on–stage, by Foley artists, just like the hey–day of American Radio programs of the 1940's. Audition Dates are Sept 26 and 28, from 6–8 p.m. Come either or both audition days and read from the scripts provided. Let us hear your best radio–drama voice! Performance Dates are October 26, 27 & 28 at 6:30 p.m., location TBD. Set, props and other volunteers are also welcome to come to auditions. For more information, contact Director Terry Kelley at Auditions@AuburnACT.org.

Age(s)	Day(s)	Date(s)	Time	Location
18+				TBD
Auditio	ons:			
	TR	9/26, 9/28	6:30 p.m.	
Rehea	rsals:			
	TR	10/3-10/24	6:30–8:30 p.m.	
Directe	or: Terry Ke	elley • (334) 759	–0110 • tkelley@au	ournact.org

AUBURN AREA COMMUNITY THEATRE (AACT) PRESENTS: THE TWISTED TALES OF POE, A STAGED RADIO DRAMA BY PHILIP GRECIAN

AACT presents *The Twisted Tales of Poel*. Stories from Edgar Allan Poe are told in the form of a staged radio drama, complete with live sound effects and music. The prisoners of Leverett Street Jail; Death Warrant Division, await their fates as three of the doomed souls tell their stories. We then enter the mind of the fourth inmate! Witness "The Tell–Tale Heart," "The Cask of Amontillado," The Black Cat," and of course, "The Raven," all come to life before your very eyes and ears in the style of a 1940's radio broadcast. Get into the Halloween spirit with Edgar Allen Poe, the Master of the Mysterious and Macabre. Only three performances: October 26, 27 and 28 at 6:30 p.m. Location to be announced later. **Tickets will \$12/ adults, \$10/students and seniors. Tickets will be available**

Age(s)	Day(s)	Date(s)	Time	Location
All				TBD
Produc	tion:			
	R,F,SA	10/26-10/28	6:30 p.m.	
Directo	or: Terry Ke	elley • (334) 759-	-0110 • tkelley@	auburnact.org





The Auburn Parks and Recreation Therapeutics Program offers recreational activities, programs/leagues, social activities and field trips for citizens with special needs. Therapeutic program offerings are a great way for your child, teen, or adult to meet new people, learn skills, and socialize in a structured environment. All programs are free, unless otherwise noted. To stay current with these and other local/regional program offerings, including Special Olympics, e-mail ekaufman@auburnalabama.org to be added to our monthly e-newsletter list!

BINGO & FITNESS

Let's get healthy together! After we have enjoyed some exercise, we will play bingo and take-home fun prizes. **FREE to Therapeutic**

Program Participants.					
Age(s)	Day(s)	Date(s)	Time(s)	Location	
14+	W	9/13–11/29*	5:30–7 p.m.	DRRC	
	* Does no	t meet on Nove	mber 22		
Contac	:t: Elizabeth	n Kaufman • (33	34) 501–2930 •		
	ekaufma	an@auburnalaba	ama.org		

TR GAME NIGHT-ADULTS

Join us for board/card games, video games, and more! This event will include food and drinks each time. Come for dinner and fellowship and a chance to make new friends! **FREE to Therapeutic Program Participants.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
17+	F	9/29, 10/27,	5:30–7:30 p.m.	DRRC
		11/17		
Contac	:t: Elizabeth	Kaufman • (33	34) 501–2930 •	
	ekaufmai	n@auburnalaba	ama.org	

TR GAME NIGHT-YOUTH

Join us for board/card games, video games, and more! This event will include food and drinks each time. Come for dinner and fellowship and a chance to make new friends! **FREE to Therapeutic Program Participants.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
5–16	F	9/15, 10/13,	5:30–7:00p.m.	DRRC
		11/3		
Contac	t: Elizabeth	Kaufman • (33	84) 501–2930 ●	
	ekaufmai	n@auburnalaba	ama.org	

TR NINJA FIT KARATE

Join Jen and Andy Roberts and the Ninja Fit Karate team from Hooked Martial Arts for a fun and adapted karate class! You will learn self-defense techniques while improving your fitness, making new friends, and gaining

confidence and	hand/eye coordination!	FREE to TR Participants	

Age(s)	Day(s)	Date(s)	Time(s)	Location
12–25	Μ	9/18–11/13	6–7:15p.m.	DRRC
Contac	:t: Elizabetl	h Kaufman • (33	34) 501–2930 •	
	ekaufma	an@auhurnalah	ama ora	



TR TEEN & ADULTS MOVIE DAY

Let's go see a movie! We are going to meet up in the early afternoon for a TBD movie. We might see two movies in two separate groups depending on the number of registrants. We will see one kid-friendly flick but might add a second movie for the adult group depending on how many signs up. We will be properly staffed for either scenario. Join us! Movie tickets are on us, bring money if you want any concessions.

	Day(s)	Date(s)	Time(s)	Location
12+	SA	11/4	Noon–4:00 p.m.	DRRC
Contac	:t: Elizabet	h Kaufman • (3	334) 501–2930 •	
	ekaufma	an@auburnalal	bama.org	

PAINTING WITH SYDNEY

Join us for a fun therapeutic painting class! We will use different mediums and make three items during this six-week course, focusing on selfexpression and painting technique throughout each class. Two weeks we will be making canvas magnets, two weeks we will paint a large canvas, and two weeks we will paint 1-2 smaller canvases. **FREE to TR participants.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
11-20	R	19/14-10/26*	5:30p.m.–7:00 p.m.	DRRC
	*Will not N	Veet October 12.		
Contac	:t: Sydney	Denardo •		
	1000			

scd0066@tigermailauburn.mail.onmicrosoft.com

THERAPEUTIC DANCE WITH JERI-TEENS/ADULTS

Join us for some expressive movement! We will listen to a variety of music while dancing and learning various choreography. Be prepared to stretch, bend, dance, swing, and express yourself. Ms. Jeri teaches at BraveHearts, and we are excited to have her join us here at the city!

FREE to TR Participants

Age(s)	Day(s)	Date(s)	Time(s)	Location
11–25	Т	9/12-11/14	6:15–7:15 p.m.	DRRC
Contac	t: Jeri Dicke	ey • jmd0032@	auburn.edu	

THERAPEUTIC DANCE WITH JERI-YOUTH

Join us for some expressive movement! We will listen to a variety of music while dancing and learning various choreography. Be prepared to stretch, bend, dance, swing, and express yourself. Ms. Jeri teaches at BraveHearts, and we are excited to have her join us here at the city!

FREE to TR Participants					
Age(s)	Day(s)	Date(s)	Time(s)	Location	
5–11	Т	9/12-11/14	5:30–6:15 p.m.	DRRC	
Contac	t: Jeri Dicl	key • jmd0032@	@auburn.edu		

THERAPEUTICS

LEE COUNTY SPECIAL OLYMPICS

Auburn Parks and Recreation supports Special Olympics by sponsoring teams for many of the Special Olympic events. Currently, we support athletes for basketball, bowling, flag football, golf, softball, swimming, tennis, track and field, and volleyball. Practices take place throughout the year with the help of local Special Olympics' volunteer coaches. You must be at least 8 years of age and meet the requirements of the Alabama Special Olympic Guidelines to participate. We currently need Coaches for our Special Olympic Athletes. If you have the time and the interest to help coach these dynamic and fun–loving kids, please contact the Lee County Special Olympics Director or the State office today! Registration for the 2023–2024 Special Olympics Season begins August 7 and ends October 18th. This enables us to plan teams and determine the number of athletes we will have at practices! ****Registration is needed and includes completing health forms and release forms.**

Coordinator: Elizabeth Kaufman, Lee Co. Special Olympics Director • (334) 501–2939 • ekaufman@auburnalabama.org

BASKETBALL PRACTICE

City of Auburn

Basketball is one of the top sports at Special Olympics. Players of all ages and abilities will enjoy this sport, from young players learning to manage the ball to older, more experienced players learning the strategies. Athletes will prepare for the early spring basketball tournaments.

Age(s)	Day(s)	Date(s)	Time(s)	Location
12+	F	9/29–11/17	5–6 p.m.	DRRC
Contac	t: Elizabet	n Kaufman • (3	34) 501–2930	•
	ekaufma	an@auburnalab	ama.org	

BOWLING PRACTICE

Although Bowling does not belong to the Olympic sports, it is among the most popular sports in Special Olympics. It is a particularly beneficial sport to people with intellectual disabilities, irrespective of their age or sports abilities, since it ensures physical exercise and at the same time participation and social integration. Plus, it is great fun! Athletes will prepare for the early spring tournament and State Games. **\$2,50/ game.**

Age(s)	Day(s)	Date(s)	Time(s)	Location
8+	М	9/18–11/13*	2–4 p.m.	AMF Lanes
	*Does n	ot meet Nove	mber 20 or 2	7
Contac	: Elizabet	h Kaufman • (33	34) 501–2930 •	
	ekaufma	an@auburnalaba	ama.org	

VOLLEYBALL PRACTICE

The game of volleyball is attractive to all types of players, from competitive to recreational, young, and old. To play volleyball, players need to acquire a few basic skills and learn a few rules. Volleyball requires little equipment and can be played almost anywhere–from the beach to the gym. The aim of the sport is to score more points by hitting the ball with the hands and sending it over the net to the opponent's court. Athletes will prepare for fall tournaments.

Age(s)	Day(s)	Date(s)	Time(s)	Location
10+	F	9/29–11/17	4–5 p.m.	DRRC
Contact: Elizabeth Kaufman • (334) 501–2930 •				
	ekaufma	n@auburnalaba	ama.org	

PLANNING TO REGISTER FOR FALL PARKS AND RECREATION PROGRAMS?

Create an online account NOW!

Citizens who are interested in participating in any Parks and Recreation program must have an online account to register

For more information regarding creating an online account or registering for a program, please contact the Parks and Recreation Administrative Office.

Contact Information: (334) 501–2930 • registration@auburnalabama.org www.auburnalabama.org/parks/register SCAN THE QR CODE TO CREATE AN ACCOUNT



FALL QUARTER REGISTRATION WILL BEGIN AUGUST 7.

RECREATION FACILITIES

Aubum/Opelika Skate Park		
Boykin Community Center	400 Boykin Street	
Dean Road Ceramics Studio		
Dean Road Recreation Center		
Frank Brown Recreation Center		
Hubert & Grace Harris Senior Center		
Jan Dempsey Community Arts Center		
Samford Pool		

ATHLETIC FACILITIES

Auburn Soccer Complex	
Duck Samford Baseball Fields 1–3	
Bo Cavin Baseball Fields 4–7	
Duck Samford Baseball Fields 8–10	
Felton Little Park341 East Glenn Avenue	
Margie Piper Bailey Park	
Shug Jordan Soccer Fields	

TENNIS COURTS

Samford Avenue Pickleball and Tennis Center	
City of Auburn/Auburn University Yarbrough Tennis Center	

PARKS

Bowden	340 Bowden Dr.	Moores Mill	900 E. University & Moores Mill Rd
Dinius Park	1435 Glenn Avenue	Forest Ecology Preserve & Nature Cente	er2222 North College St.
Graham McTeer	200 Chewacla Dr. & Thach Ave.	Sam Harris	850 Foster St.
Felton Little	341 East Glenn Ave.	Hickory Dickory	1400 Hickory Ln. & N. Cedarbrook Dr.
Kiesel	520 Chadwick Ln. (Lee Road 51)	Duck Samford	1623 East University Dr./335 Airport Rd.
Martin Luther King	190 Byrd St	Town Creek Park	1150 South Gay St.
Town Creek Inclusive Playground	430 Camellia Drive	Westview Park	657 Westview Dr.

WALKING TRAILS

Dinius Walking Trail–1435 Glenn Avenue	Trail is ¾ of a mile long
Duck Samford Walking Track–1623 East Glenn Avenue	3 $\frac{3}{4}$ laps around the track = 1 mile
Duck Samford Baseball Walking Trail–335 Airport Road	1 lap around the walking trail = $\frac{1}{4}$ mile
Duncan Wright Fitness Trail–465 Wrights Mill Road	Begin and end at Wrights Mill Rd., Circle main loop twice = 1 mile
Forest Ecology Preserve & Nature Center-2222 North College Street	Easy to moderate loop trails $= 5$ miles
Frank Brown Recreation Center–235 Opelika Road	One complete lap = .42 miles
Kiesel Park Walking Trail–520 Chadwick Lane	1 lap around the walking trail = 2 $\frac{1}{4}$ miles
Sam Harris Park Walking Trail–85 Foster Street	\dots 6 laps around the walking trail = 1 mile
Town Creek Park Trail–1150 South Gay Street	0.87 mile
Town Creek Inclusive Playground loop-430 Camellia Drive	0.25 miles outside loop

CEMETERIES

Memorial Park	1000 East Samford Avenue
Pine Hill	303 Armstrong Street

RENT-A-FACILITY

City of Auburn Parks and Recreation facilities and parks are available to the public for rental. Rental fees vary depending on the amount of space, equipment, and type of facility needed. For more information on city facilities, please visit auburnalabama.org/parks or refer to our Parks and Recreation Guide (available at the Harris Center).

NOTES

Citizens are encouraged to use city facilities during regular hours. All parks and cemeteries open at sunrise and close at sunset. For information on game cancellations or postponements, please call: Time and Temperature, (334) 745–6311 or visit auburnalabama.org/parks and click on the Game Status button.