

MARK YOUR CALENDAR!

HARRIS CENTER CINEMA

Movie: Interstellar *This movie is 2H and 49 Min long*

- **Thursday, February 1st from 5:30- 8:30PM** -Nothing like enjoying food and a good flick together! Come join us for a movie and pizza at the Harris Center . **Please register by 5:00PM on the Wednesday prior and pay \$10 to cover dinner.**
- **Monday, February 5th from 1:30-4:00PM** - Join us for a movie, popcorn, and candy on select Monday afternoons at the Harris Center. More movie suggestions are welcome! \$5. **Please register by the Wednesday prior at 5 p.m.**

GET OUT AND GO! LOCAL ADVENTURE CLUB

Join us throughout the quarter as we venture out to take advantage of the local sights and activities! Participants must provide their transportation to program. **Registering in advance is required. This month we will be attend a Third Thursday Poetry Series on February 15th.**This concert will be held at Pebble Hill (101 S. Debardeleben Street, Auburn)

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FIELD TRIPS!

Mystery Trip - March 1st

Who is in for an adventure? Where will we go? Sign up for our annual mystery trip for a surprise! More details provided the week of the trip. You will not find out the exact location until you get on the bus. Please bring extra money for a meal. This field trip will be from 7 AM - 5 PM. \$30

UPCOMING SPRING FIELD TRIPS

The Retreat Day Spa- March 4th

Enjoy a spa day at The Retreat Day Spa. You will get to pick from a facial, massage, or nails. This trip will include light snacks, wine, prosecco, mimosas, hot tea, and a charcuterie board. **\$60.**

World Ballet Series: Swan Lake, March 27th

Experience the legendary Swan Lake, the ballet of all ballets, will be performed one night only as a part of the World Ballet Series. See the iconic Dance of the Little Swans, count the 32 fouettés performed by Odile and immerse yourself in magical Tchaikovsky's music. The production will feature richly detailed, hand-painted sets as well as over 150 radiant costumes that bring fresh representation to this timeless classic. World Ballet Series is a unique project that attracts many international artists and is composed of renowned professional dancers representing over ten countries who are united by a passion for entertaining audiences and enriching classical ballet traditions through brilliant, critically acclaimed new productions of timeless ballet classics. **Bring extra money for dinner. \$80.**

MUNCH & MINGLE

Thursday, February 22nd from 11:00AM - 1:00PM

Vintage 2298 - 2298 E. University Drive, Auburn, AL 36830

Get together with old friends and make some new ones as we gather for lunch at a local restaurant. Participants must provide their own transportation and cover the cost of lunch. **Please register by 5:00PM on the Tuesday prior so reservations can be made for the group.**

CRAFTY CREW

Friday, February 2nd from 2:00PM - 3:30PM at HC

Come hang out with us and enjoy making latch hook rugs or pillows with Wendy! **Please register in advance and pay \$10 per person to cover the cost of supplies.**

READ AND REFLECT BOOK CLUB

Tuesday, February 27th, from 1:30 - 2:30PM at HC

Gather together to discuss the book *The Last Anniversary*. **Free to the public but registration is required.**

Name: _____ Date: _____

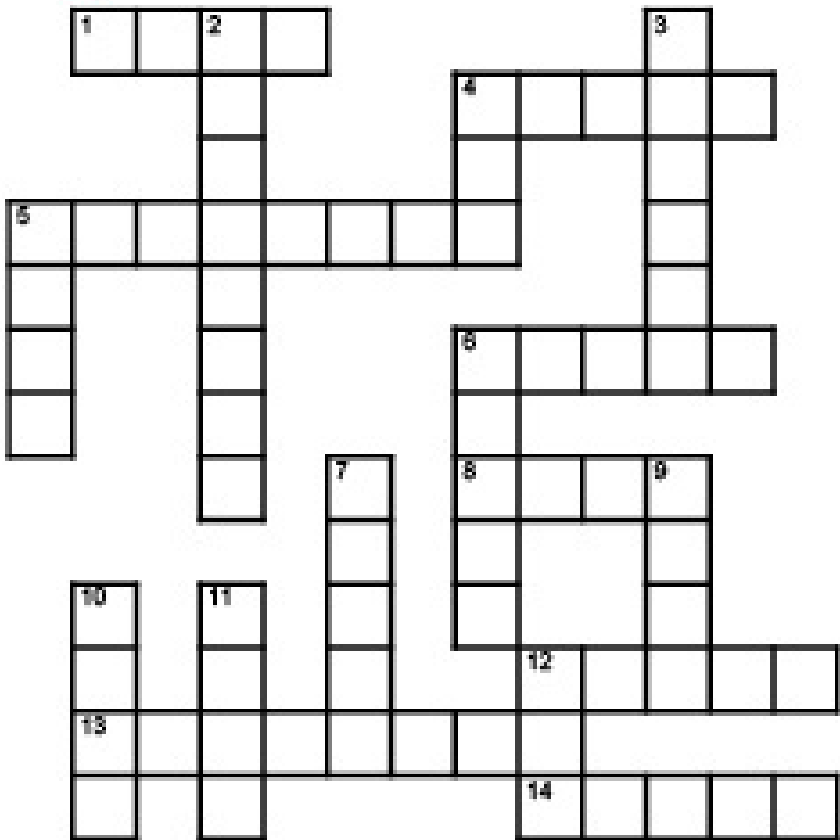
Be My Valentine

Across

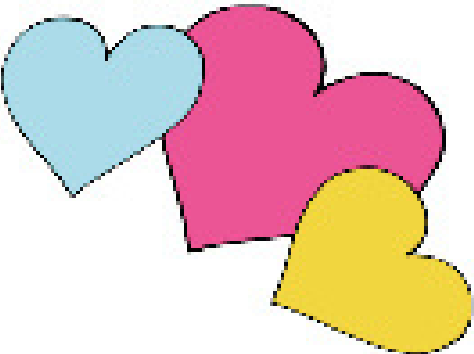
1. A special item given to show love and appreciation.
4. A symbol commonly associated with love and emotion.
5. The act of pursuing someone romantically.
6. Sweet treats that come in various flavors and shapes.
8. A color often associated with love and romance.
12. Beautiful and fragrant plants often associated with love.
13. A container for sending a special message or gift.
14. Symbolic birds representing love and peace.

Down

2. The month that celebrates love and Valentine's Day.
3. A close companion with whom one shares affection and trust.
4. A gesture of affection where two people embrace tightly.
5. A small piece of paper with a heartfelt message.
6. The Roman god of love, often depicted with bow and arrow.
7. A heavenly being often depicted with wings and a halo.
9. A gentle touch of lips as a sign of affection.



10. A heartfelt piece of writing expressing emotions.
11. A feeling of deep affection and care.
12. A vibrant color symbolizing love and passion.



Angel
Candy
Card
Counting
Cupid
Doves
Envelope
February
Friend
Gift
Heart
Hug
Kiss
Love
Pink
Poem
Red
Roses

FEBRUARY 2024

M	Tu	W	Th	F	Sa
			1 Movie Night 5:30 PM 	2  Crafty Crew 2:00 PM	3
5 Matinee Monday Movie 1:30 PM 	6 Bingo 10:30 AM 	7	8	9	10
12 Valentine's Day Lunch and Cookie Decorating Class 	13	14 	15 Get Out and Go: Third Thursday Poetry Series 6:00 PM	16	17
19	20 Bingo 10:30 AM 	21	22 Munch & Mingle Vintage 2298 11:00 AM	23	24
26	27 Food for Thought 9:00 AM Book Club 1:30 PM	28	29		

SENIOR CONNECTION

A Newsletter for Active Adults 50+
February 2024 - Volume 2, Issue 12



2024 SPRING REGISTRATION

Don't forget to register for 2024 spring programs! Springs quarter includes programs in March, April, May. Spring registration for Auburn residents will open Monday, February 5th at 8 AM. Non - residents can begin registering Monday, February 19th at 8 AM. You can register in person at the Harris Center (425 Perry St. Auburn, AL 36830) or online at www.auburnalabama.org/parks/register .

FITNESS CLASSES

- Zumba Gold 10 AM: Mondays & Wednesdays
- Seated Zumba 11 AM: Mondays & Wednesdays
- Yin Yoga 9:00 AM: Wednesday
- Be Fab 1 PM: MTWTHF
- Low Impact Cardio/Sculpt 10 AM: Tuesday
- Low Impact Strength & Stretch 9:15 AM: MWF
- Weight Machine Basics 9 AM: Thursday
- Weight Machine Basics 11 AM: Thursday
- Silver Sneakers 9 AM: Mondays & Thursdays
- Silver Sneakers 2 PM: Tuesdays
- Tai Chi 5:15 PM: Mondays & Wednesdays

Harris Center | 425 Perry Street | Auburn, AL 36830

334 - 501 - 2930

Monday - Friday | 8 a.m. - 5 p.m.

www.auburnalabama.org/parks | scook@auburnalabama.org



City of Auburn
PARKS AND RECREATION