FEBRUARY 2025

Senior Connection

A Newsletter for Active Adults 50+ February 2025 - Volume 13, Issue 2



Lee Russell Council Transportation Survey

Lee Russell Council Transportations is currently conducting a survey to better understand the transportation needs of elderly individuals, people with disabilities, and those with limited financial resources in Lee and Russell County, Alabama. Your feedback will help improve transportation services and ensure access to vital destinations for all residents. If you live in these counties, please take a few minutes to complete our online survey and share your thoughts: <u>https://www.surveymonkey.com/r/HSCTP2025</u>

Μ	TU	W	ТН	F	S
					1
3	4 Bingo and Lunch to Go 10:30am-12pm Memory Screening 2-4pm	5	6	7	8
10	11	12 Munch & Mingle 11am-1pm	13	14	15
17	18 Bingo and Lunch to Go 10:30am- 12pm	19 Field Trip- The Legacy Museum 8am-2pm	20	21	22
24 Crafty Crew 1:30-3pm	25 Food for Thought 9-10am Book Club 1:30-2:30pm	26	27	28	





MARK YOUR CALENDAR

PROGRAMS

Bingo & Lunch To-Go

Tuesday, February 4th and 18th from 10:30am-12pm

Join us for bingo and lunch. Lunches for February 4th will be (Jim 'N Nick's) and February 18th will be (Chappy's). Don't forget to register in advance! \$10 per person.

Munch & Mingle

Wednesday, February 12th from 11am-1pm at Country's BBQ

Participants must provide transportation and cover the cost of their meal. **Please** register in advance so reservations can be made for the group.

The Crafty Crew

Monday February 24th from 1:30-3pm

Come hang out and enjoy making an art project with step-by-step instructions from a local artist! **Registration in advance is required. \$15 per person.**

Food For Thought

Tuesday, February 25th from 9-10am

Join us as we hear from Karen M. Lynn PT from the Human Performance and Rehabilitation Center. **Please register in advance so we can provide enough food. FREE to the public.**



Book Club

Tuesday, February 25th from 1:30-2:30pm

Meet with us at the Harris Center for the Read and Reflect Book Club! This month, we will discuss *Our Last Days In Barcelona* by Chanel Cleeton.

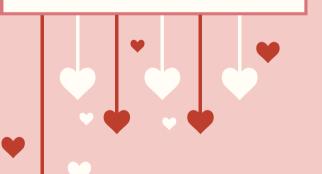
FIELD TRIPS

The Legacy Museum

Wednesday, February 19 from 8:00am-2:00pm

Join us as we travel to The Legacy Museum in Montgomery!

\$10 per person, please bring extra money for lunch.



The Perfect Valentine's Day Gift

TEUQUOBMGCHOCOLATE GCWDELUDIKECALKCEN MILLINLJFIMROAESWH UOFWIAKETTCWUIIIRW GNTTRAAWCTSOVBGLAA RUAEBAREEEBOLNYVPT LMREAPLRNMLIOUEPS ETECTGPTCEROEGRGR P J C A N D L E L I G H T D I N N E R ENOBBIRTFNPNYTICEC WRTPLANTIRGUORPRSE IHCTAWNCPWPRFUUAD Е ROSMYDNACEAASRI P **RFLOWERSTLERLPESPA** YTRROSESERIBFLEEHM BMIHPARGOTOHPUERIO OTEKSABTFIGRUIMTRN X T E D D Y B E A R P U P P Y E E D

bouquet	emerald	
andlelight dinner	flowers	Ķ
candy	gift bag	
car	gift basket	
chocolate	gift certificate	
cologne	gold	
cruise	jewelry box	
diamond	kitten	
earrings	necklace	ror

perfume hotograph plant platinum puppy purse ribbon ring nantic movie

roses

ruby sapphire silver teddy bear wallet watch wrapping paper