

JULY 2026

M	TU	W	TH	F	S
		1 Independence Day Bash 10 a.m. - 12 p.m. Piece Finders Puzzle Club 1-3p.m.	2	3 Memory Screening 2-3p.m.	4
6 Total Brain Health: Brain Workout 1.0 10-11a.m.	7  Bingo & Lunch to Go 10:30a.m.-1p.m.	8 Munch & Mingle 11a.m.-12:30 p.m. Piece Finders Puzzle Club 1-3p.m.	9  Cookbook Club 11:30 a.m. - 12:30 p.m. Movie Night 5:30-8:30 p.m.	10  Field Trip 9:30 a.m. - 5:30 p.m.	11 City Market 8 - 11 a.m.
13 Total Brain Health: Brain Workout 1.0 10-11a.m. Get Out & Go 11 a.m. - 1 p.m.	14	15  Piece Finders Puzzle Club 1-3p.m.	16	17	18 City Market 8 - 11 a.m.
20 Total Brain Health: Brain Workout 1.0 10-11a.m.	21  Bingo & Lunch to Go 10:30a.m.-1p.m.	22  Piece Finders Puzzle Club 1-3p.m.	23 Field Trip 3p.m.-10p.m.	24	25 City Market 8 - 11 a.m.
27 Total Brain Health: Brain Workout 1.0 10-11a.m.	28 Food for Thought 9-10 a.m. Book Club 1-2p.m.	29  Piece Finders Puzzle Club 1-3p.m.	30  Mystery Field Trip 4p.m.-10p.m.	31	

Senior Connection

*A Newsletter for Active Adults 50+
July 2026 - Volume 14, Issue 7*



Cookbook Club: July 9th

Do you enjoy cooking or baking and enjoying meals with others? If so, Cookbook Club is for you! It's like a book club and potluck combined. Stop by the Harris Center to browse the cookbook, pick out your recipe, and make a copy. Make your dish at home and bring it to share with 10 people. Enjoy sampling and discussing new foods together! **FREE - Registration Required**

MARK YOUR CALENDAR

Programs

Bingo & Lunch To-Go

Tuesday, July 7 and 21 from 10:30 a.m. - 1 p.m.
Join us for bingo and lunch.
Registration required by the Friday before! \$10 per person.

Piece Finders

Every Wednesday from 1 p.m. - 3 p.m.
Join us for Puzzle Club. Puzzles and tables are provided, or bring your own. Snacks included **FREE**.

Munch & Mingle

Wednesday, July 8 from 11 a.m. - 12:30 p.m.
Come hang out with old friends and meet new ones over lunch at Acre.
Participants provide their own transportation and money for lunch.

Food for Thought

Tuesday, July 28 from 9-10 a.m.
Registration required by the Friday before. FREE.

Book Club

Tuesday, July 28 from 1-2 p.m.
Meet us at the Harris Center for the Read and Reflect Book Club. This month's discussion features *Where Men Win Glory* by Jon Krakauer.
FREE.

Get Out & Go!

Monday, July 13 from 11 a.m. - 1 p.m.
We will be palying Putt Putt this month! **\$10/person.**

Harris Center Cinema

Thursday, June 4 from 5:30-8:30 p.m.
Join us for pizza and a movie night. This month we will be featuring Springsteen: Deliver Me From Nowhere.
\$10/person.

Field Trips

College Football Hall Of Fame - Atlanta, GA

Join us for an unforgettable field trip to the College Football Hall of Fame in Atlanta, GA Explore interactive exhibits, test your skills on the indoor field, and discover the legends who made history. See hundreds of team helmets and learn how football shaped the U.S. culture. Please bring extra money for lunch. **\$55/person.**

Red Door Theatre "Two Witches, No Waiting" Union Springs, AL

Mix one small-town Texas home, two eccentric sisters, a nosey neighbor, and a recipe book filled with more than cooking secrets—and you've got the perfect brew for a comedy full of mystery and mischief! With witty dialogue, quirky characters, and just enough magic to keep everyone guessing, this lighthearted romp promises laughs, surprises, and plenty of Southern charm. Dinner is included with show. **\$45/person**

Mystery Field Trip

Where will we go? Join us for a fun celebrating one of Americas past time events. **\$15 per person/ bring money for food.**

Name: _____ Date: _____



DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

4TH OF JULY

- ADAMS
- AMERICA
- BARBECUE
- COLONIES
- CONGRESS
- DECLARATION
- EQUALITY
- FIREWORKS
- FOURTH
- FREEDOM
- HOTDOGS
- INDEPENDENCE
- JEFFERSON
- JULY
- LIBERTY
- NATION
- PARADE
- REVOLUTION
- RIGHTS

S	R	G	C	Q	G	Z	I	Q	E	Q	B	J	U	L	Y	P	S	L
N	O	I	T	A	R	A	L	C	E	D	X	A	U	M	R	A	A	I
L	U	M	V	D	O	M	E	X	G	L	J	A	L	E	F	R	V	B
C	V	C	X	J	E	F	F	E	R	S	O	N	V	C	G	A	X	E
S	R	L	O	I	N	A	T	I	O	N	U	O	G	I	G	D	X	R
T	W	Y	N	L	X	E	H	V	F	L	L	P	G	O	O	E	J	T
A	Z	S	E	A	O	C	S	V	W	U	S	G	O	D	T	O	H	Y
T	I	M	T	G	N	N	J	K	T	A	R	D	F	F	X	J	A	M
E	H	Q	G	M	W	E	I	I	R	G	W	Y	T	O	O	B	H	O
S	C	I	O	J	P	D	O	E	N	O	H	K	F	U	A	M	R	D
J	O	S	R	B	Q	N	U	V	S	B	W	X	U	R	L	N	B	E
T	N	Q	Y	T	D	E	T	I	N	U	V	E	B	T	R	G	A	E
R	G	Z	E	I	E	P	F	U	T	N	Q	E	R	H	Y	M	H	R
I	R	C	D	O	F	E	J	Z	L	U	C	Z	A	I	E	N	R	F
G	E	B	X	L	A	D	N	X	A	U	G	C	X	R	F	F	U	N
H	S	R	W	W	N	U	L	E	X	V	F	I	T	D	U	H	M	
T	S	N	C	D	P	I	I	O	J	F	V	C	G	E	V	V	H	W
S	S	M	A	D	A	T	B	T	C	W	A	R	K	H	D	K	W	I
G	S	M	H	P	Y	O	G	Z	P	K	X	Y	L	U	R	X	P	P

STATES
THIRTEEN
UNITED

