

# MARK YOUR CALENDAR!

## BINGO & LUNCH TO-GO

**Tuesday, October 1st from 10:30AM- 12PM**

Join us for bingo and lunch to-go from Taco Mama

**Tuesday, October 15th from 10:30AM- 12PM**

Join us for bingo and lunch to-go from Jim N Nicks

## MEMORY SCREENING

**Wednesday, October 2nd from 2 - 4PM**

In partnership with the Alzheimer's Foundation of America for seniors 50+. Early, confidential detection of cognitive impairment and support.

**FREE to the public.**

## CRAFTY CREW

**Friday, October 4th from 9-11:30am**

We'll be diving into the awesome new ceramics studio at Jan Dempsey Community Center for a fun hand building project! Who's ready to get creative with us? Let's make some beautiful clay creations together! **\$15 per person.**

## COOKBOOK CLUB

**Monday, October 7th from 12 - 1 pm**

Stop by the Harris Center to browse our cookbook and pick out your recipe. You will bring your dish for everyone to sample! Please provide enough for 10 people. **FREE to the public.**

## MUNCH & MINGLE

**Wednesday, October 9th from 11AM-1PM at 1856 Culinary Residency!** Participants must provide their own transportation and cover the cost of their meal. **This outing is full, but you can join the waitlist!**

## VEIN SCREENING

**Friday, October 11 from 9AM-12PM**

Varicosity Vein Center is offering screenings for early detection of vascular disease. **FREE to the public.**

## HARRIS CENTER CINEMA

**Movie: Marley**

**Thursday, October 10 from 5:30-8:30PM**

Join us for pizza and a movie at the Harris Center. Please register by the Wednesday prior at 5 p.m. and pay **\$10 for dinner.**

## GET OUT AND GO!

**Thursday, October 17th from 4-5:30PM at Cerulean Wine Bar**

Join us for a wine tasting at Cerulean Wine Bar! **\$15 per person.**

## READ AND REFLECT BOOK CLUB

**Tuesday, October 29th from 1:30 - 2:30PM**

Gather together to discuss the book *Demon Copperhead* by Barbara Kingsolver. This novel is the inspiring and heartwarming story of a determined boy born to a single mother. **Free to the public, but registration is required.**

## FOOD FOR THOUGHT BREAKFAST

**Tuesday, October 29th from 9-10AM**

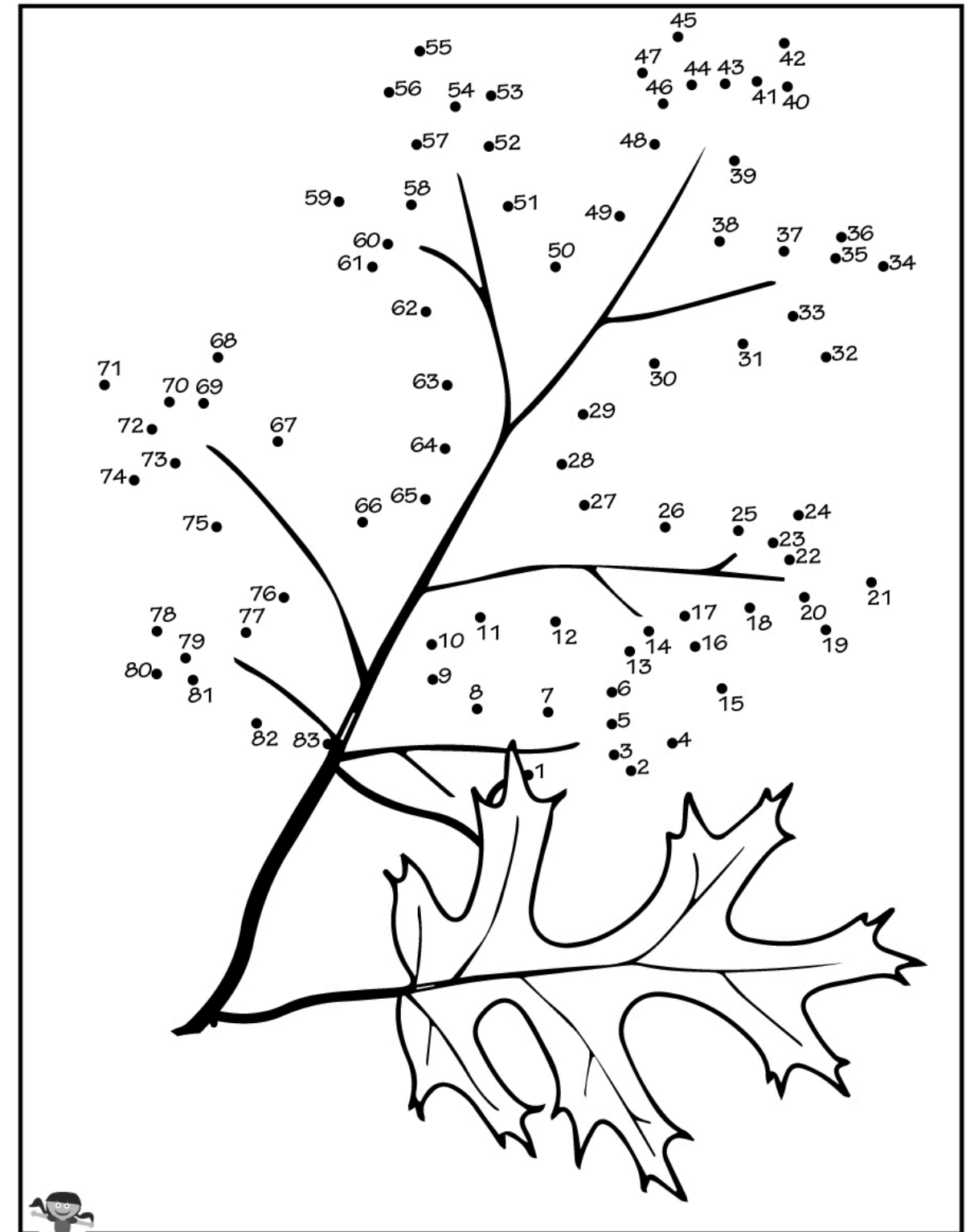
Join us as Valerie Fetsch speaks about the different types of physical activity you need as you age. Please register in advance so we can provide enough food. **FREE to the public. This event is full, but you can join the waitlist!**

## FIELD TRIP!

**Misery at the Springer Opera House - October 24th from 2:30 - 10 PM**

Based on Stephen King's hit novel and 1990 film, "Misery" walks the chilling line between admiration and madness against an eerie setting of isolation, delusion and obsession. Misery follows the successful romance novelist Paul Sheldon, who is rescued from a car crash by his number one fan, Annie Wilkes, and wakes up captive in her secluded home. This psychological thriller will keep you on the edge of your seat from the first page to the final chapter. Meet us at the Harris Center for a fun outing to Columbus, GA! **\$40 per person.**


# OCTOBER



# OCTOBER 2024

# SENIOR CONNECTION

A Newsletter for Active Adults 50+  
October 2024 - Volume 12, Issue 10

M	Tu	W	Th	F	Sa
30	1 Bingo 10:30 AM 	2 Memory Screening 2 - 4 PM	3	4 Crafty Crew Ceramics Project 9-11:30am 	5  Auburn at Georgia
7 Cookbook Club 12 - 1 PM 	8	9 Munch & Mingle 11 AM- 1 PM	10 Movie Night 5:30 - 8:30 PM 	11 Vein Screening 9 AM - 12 PM	12 Harvest Market at Town Creek Park 8 AM - 12 PM 
14	15 Bingo 10:30 AM 	16	17 Get Out And Go! 4 - 5:30 PM 	18 	19  Auburn at Missouri
21	22	23	24 Field Trip: Springer Opera House 2:30 - 10PM	25	26  Auburn at Kentucky
28	29 Food for Thought 9-10am Book Club 1:30 - 2:30 PM 	30	31 Halloween 		



## SENIOR CITIZEN FALL FESTIVAL - OCTOBER 18th from 11:30 am - 2 pm

Join us at Town Creek Park for our second annual Senior Fall Festival! It's a wonderful celebration of the season tailored especially for you. Get ready for a day filled with laughter, bonding, and all things autumn. From pumpkin decorating fun and delicious snacks to friendly games, there's something for everyone to enjoy. Come and soak in the beauty of fall while making unforgettable memories with both old and new friends at our Senior Fall Festival! Lunch will be available beginning at 11:30am and throughout the day. **\$5 per person.**

Harris Center | 425 Perry Street | Auburn, AL 36830

334 - 501 - 2930

Monday - Friday | 8 a.m. - 5 p.m.

[www.auburnalabama.org/parks](http://www.auburnalabama.org/parks) |

[scook@auburnalabama.org](mailto:scook@auburnalabama.org)



City of Auburn  
PARKS AND RECREATION