

# Yarbrough Tennis Center Adult Instructional Pathway

Yarbrough Tennis Centre follows the USTA pathway for Adult Tennis. The pathway is divided into:

## Intro to Tennis & Recreational Tennis & Competitive Tennis



Intro – 2.0 → 2.5 → 3.0 – 3.5 → 4.0-4.5

### Intro & Recreational Tennis

City of Auburn offers Intro to tennis and recreational tennis instruction. The “**City Classes**” are well structured and is a cost effective way to get introduced to tennis. Students learn basic techniques, scoring and tennis etiquets. Players can graduate to higher level classes or seek private instruction as they approach the 3.5 – 4.0 playing level. Players going through the Recreational Adult Program will be encouraged to play organized tennis events, leagues, mixers and ladders. The Yarbrough staff will actively help players progress and find partners to play against.

### 2.5 Tennis - My First Match

Coaches in the Yarbrough Tennis Centre’s Pathway will help you reach your first match and beyond. “**My First Match**” could be a social match, recreational event or entering the world of USTA Adult Tennis.

### 3.0 -3.5 Tennis - Competitive Adult Tennis

Players that reach a 3.0 Adult NTRP level are seeking out social, recreational and competitive opportunities to enjoy tennis and competition. The City of Auburn offers classes at this level to assist with consistant practice settings and to help with personal improvement. Players in this level generally have established practice partners, team mates or frriends they like to play with. Leveling up can be determined by the following 3 rating systems. Depending in which tournament, event or league you play in determines the rating system used.



### 4.0-5.0 Competitive Adult Tennis

Players that falls under or progresses into this level of play normally have extensive tennis or sports backgrounds or worked themselves into an accomplished tennis player.



	Male					Female				
	NTRP		UTR		WTN		NTRP		UTR	WTN
Intro	2					Intro	2			
City Class	2.1		1		40	City Class	2.1		1	40
Adult	2.2		1		39	Adult	2.2		1	39
Classes	2.3		1.3		38	Classes	2.3		1	39
	2.4		1.7		37	Ladies	2.4		1.3	38
	2.5		1.9	INTER	36		2.5		1.5	INTER
	2.6		2.3	LEVEL 1	35		2.6		1.8	LEVEL 1
	2.7		2.6	CLASS	34		2.7		2.1	CLASS
	2.8		3		33		2.8		2.4	
	2.9	INTER	3.3		32		2.9		2.7	
	3	LEVEL 2	3.6		31		3		2.9	
	3.1	CLASS	4		30		3.1		3.1	
	3.2		4.3		29		3.2		3.5	
	3.3		4.6		28		3.3	INTER	3.7	
	3.4		5		28		3.4	LEVEL 2	3.9	
	3.5		5		27		3.5	CLASS	4.2	
	3.6		5.48	ADVANCE	26		3.6		4.5	ADVANCE
	3.7		5.8	CLASS	26		3.7		4.8	CLASS
	3.8		6.12	NCAA D3	25		3.8		5.1	NCAA D3
	3.9		6.44	JUCO	24		3.9		5.3	JUCO
	4		6.6	NIAA	24		4		5.5	NIAA
	4.1		6.9		23		4.1		5.8	
	4.2		7.2		22		4.2		6.1	
	4.3		7.5		21		4.3		6.4	
	4.4	ADVANCE	7.9		20		4.4	ADVANCE	6.6	
	4.5	CLASS	8.3		19		4.5	CLASS	6.9	
	4.6	NCAA D2	8.6		19		4.6	NCAA D2	7.2	
	4.7	NAIA	8.9		18		4.7	NAIA	7.5	
	4.8		9.2		17		4.8		7.6	
	4.9		9.5		16		4.9		7.9	
	5		9.9		15		5		8.2	
	5.1		10.2	ADVANCE	15		5.1		8.4	ADVANCE
	5.2		10.5		14		5.2		8.7	
	5.3		10.8	NCAA D1	13		5.3		8.9	NCAA D1
	5.4		11.1		12		5.4		9.2	
	5.5		11.5		11		5.5		9.5	
	5.6		11.8		10		5.6		9.7	
	5.7		12.1		9		5.7		9.9	
	5.8		12.4		8		5.8		10.2	
	5.9		12.8		7		5.9		10.5	
	6		13.2		6		6		10.8	
	6.1	PRO	13.3		5		6.1	PRO	11	
	6.2		13.4		5		6.2		11.3	
	6.3		13.5		4		6.3		11.5	
	6.4		13.6		4		6.4		11.7	
	6.5		13.7		3		6.5		12	
	6.6		14		3		6.6		12.3	
	6.7		14.5		2		6.7		12.6	
	6.8		15		2		6.8		12.8	
	6.9		15.5		1		6.9		13	
	7		16.44	anik Sinner			7		13.05	na Sabalenka



## Adult Pathway Levels of Play

Intro – 2.0 ➡ 2.5 ➡ 3.0 – 3.5 ➡ 4.0-4.5

### City of Auburn Classes and Levels (Winter 2025)

**Adult AM Intro – 2.0**

**Adult PM Intro – 2.0**

**Adult AM 2.5 -3.0**

**Adult PM 2.5- 3.0**

**Adult AM 3.0-3.5**

**Adult PM 3.0-4.0**

**Cardio AM Tennis 3.0-5.0**

**Adult PM Cardio**

### Pathway Playing Opportunities

Intro – 2.0	-	Socials, Friends, People you meet at class
2.5	-	USTA Beginner 2.5 League, WTN Tournaments, Yarbrough Tennis Ladder, Socials
3.0 – 3.5	-	USTA League, USTA & WTN Tournaments, City Tennis Ladders, Socials
4.0 – 5.0	-	USTA Leagues, USTA & WTN Tournaments, City Tennis Ladder

### Private Instruction and Private Group Instruction in the Pathway

Our seasoned tennis professionals can help you and your playing group train, improve and level up. Small group or team training are possible!

Early Birds: Trey Morris (AU Coach), Francois Bosman – (6am-8am)

Weekday Mornings: David Hume, Eric Shore, Lily Truchet, Francois

Weekday Evenings: David Hume, Eric Shore, David Hume, Lily Truchet, Chris Marks

Friday Afternoons and Weekends: Eric Shore, Jeremy Woolward, Lily Truchet, Francois Bosman, Chris Marks

### Other Private Adult Groups

Eric Shaw - 3.5-4.5 Ladies groups

### Private Instructors

Year Round: Eric Shore, David Hume, Khady Jacobs, Lily Truchet, Chris Marks

Seasonal: Philip Bosman, Claire Bosman, Jackson Sneed, Mattie Albright, Jeremy Woolward